



**Happy Halloween!**



*Meeting the information needs of Consumer/Survivors in the Toronto Area*

# BULLETIN

# 542 October 16<sup>th</sup> – 31<sup>st</sup>, 2015

Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto M6J 1H4  
Phone Hours: M-F from 9-5 / Drop-in Hours: M-F from 9-4  
Tel: 416-595-2882 [csinfo@camh.ca](mailto:csinfo@camh.ca) <http://www.csinfo.ca/>

## Community Announcements

### We Welcome You

The Consumer/Survivor Information Resource Centre of Toronto's  
Annual General Meeting will be Wednesday, October 21<sup>st</sup>.

Please join us. We'll meet for a great dinner, some music and fun, and of course, a review of the year past and election of new Board Members. We'll be at the Bonar-Parkdale Presbyterian Church at 250 Dunn Avenue just south of Queen Street West from 6:00 pm until about 8:00 pm. All are welcome; however space is limited, so by noon on Tuesday, October 20 please RSVP to: 416-595-2882 or [csinfo@camh.ca](mailto:csinfo@camh.ca).

## Join Us for a Recovery Forum - Community Support Fair

College St United Church, 452 College St. (front entrance)  
Thursday\*, October 22 from 4:00 pm – 6:00 pm

- Accessing services
- Mental health and nutrition professionals
- Support for everyday challenges
- Q&A regarding your mental or physical being



For more info call Carmen at Houselink: 416-539-0690 ext. 256

*\*Please note this event is being held on a Thursday, not Tuesday as previously noted in Bulletin #541. Our apologies to Houselink for our error.*



**A Women's Place**  
Supporting women in extraordinary circumstances



# Save The Date



Mood  
Disorders  
Association  
of  
Ontario



## Art and Laughter *a celebration of creativity.*

04 | 11 | 15

*featuring*



Wednesday, November 4, 2015

For tickets (PWYC available) and details:

<https://www.eventbrite.ca/e/art-and-laughter-a-celebration-of-creativity-tickets-18054131393?ref=ecount>

## Hearing Voices Café Toronto

First Monday each month in Fall 2015.

Mon. Nov 2<sup>nd</sup> | Mon. Dec 7<sup>th</sup>

6:00 pm – 8:00 pm

Venue

**Coffee and All That Jazz**

72 Howard Park Ave.

Roncesvalles/Howard Park Ave

# RENDEZVOUS WITH **MADNESS** FILM FESTIVAL

November 6 – 14, 2015\*

Produced annually in Toronto since 1993, RWM Film Festival is a signature event of Workman Arts. The first festival of its kind in the world, and currently the largest, it investigates the facts and mythologies surrounding mental illness and addiction as presented by both Canadian and international filmmakers, as well as by visual and media-based artists. The festival provides filmmakers and artists with opportunities to exhibit work that may not otherwise be seen; facilitates discussion; and increases awareness of, and advocacy of, mental health and addiction issues among the broader public.

Catalogue:

<http://www.rendezvouswithmadness.com/2015-film-schedule/> or visit the TIFF Bell Lightbox, 350 King St. West.

**\$12 General Admission for most films and limited Pay-what-you-can tickets at door for those on a fixed income**

Tickets can be purchased online:

<http://www.rendezvouswithmadness.com/buy-tickets/>, by calling **TIFF Bell Lightbox** at: 416-599-8433 (toll-free: 1-888-599-8433) between 10:00 am – 7:00 pm, or in person at the TIFF box office, at 350 King St. West.

*\*there was a misprint in Bulletin #541 we have corrected the date and the website of the RWM Film Festival*

## Youth WRAP Through Fitness

The Gerstein Crisis Centre has partnered with the Self-Help Resource Centre to offer WRAP specifically to youth aged 16-25. This program is tailored for a younger cohort, with an emphasis on making the process of learning about wellness tools an enjoyable and engaging one.

After Youth WRAP Through Fitness, you will have a fully developed Wellness Recovery Action Plan and many new connections to the supports and services available.

Information Session: Monday, November 9<sup>th</sup>, 2015 from 2:00 pm to 4:00 pm at The Gerstein Crisis Centre at 100 Charles Street East. Group starts November 16<sup>th</sup>, 2015 and meets on Mondays until February 1<sup>st</sup> 2016.

For more information, or to sign up online, visit <http://gersteincentre.org/wrap/> or contact Laura at: [gersteinwrap@gmail.com](mailto:gersteinwrap@gmail.com) 416-929-0149 ext. 259.

## Women and Experiences Accessing Sexual Health Services

The Empowerment Council (Lucy Costa), in partnership with the School of Social Work, York University (Andrea Daley) is doing a small research project funded by the Women's College Hospital, Women's Xchange Program. We would like to speak with women with mental health issues (while we are interested in speaking to all women 18 years or older, we are prioritizing opportunities to speak to Aboriginal, racialized, disabled, trans people and queer identified women).

Please contact us if you have something to say about good or bad experiences with accessing or, trying to access these health services:

Birth control and birth control counselling, prenatal and postnatal services, sexual health education and information that is relevant to your experiences, counselling and services related to sexually transmitted infections, support services for sexual trauma and violence, abortion services.

For more info on how to participate: email [ec.volunteer@camh.ca](mailto:ec.volunteer@camh.ca) or call: 416-535-8501 ext. 33013.

This project has received ethics approval from York University.

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## PeerZone Workshops

The Gerstein Crisis Centre will be hosting our next PeerZone workshop on Sunday, October 25, 2015 from 1:00 – 4:00 pm. The Finding Our Voices workshop explores our experiences of injustice, and discusses self-advocacy and empowering people to get what they need.

Anyone who has had an experience of mental distress or addiction can participate in PeerZone workshops and PeerZone is free of charge.

Registration for the Empowering Ourselves series is now open! For more information, or to sign up online, visit <http://gersteincentre.org/peerzone/> or email Laura at [peerzonegcc@gmail.com](mailto:peerzonegcc@gmail.com) 416-929-0149 ext. 259.

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## Carla Anne McKague



### Obituary

CARLA McKAGUE Carla Anne McKague, activist, lawyer and lecturer, died peacefully on September 23, 2015 at the age of 76, after a long illness. Carla was sometimes called Ontario's first mental health lawyer. Her fight for the rights of the mentally ill led her from the Advocacy Resource Centre for the Handicapped to the Ontario Government. Co-founder of the anti-psychiatry magazine *Phoenix Rising* and co-author (with Harvey Savage) of *Mental Health Law in Canada*, Carla also lectured at the University of Toronto Law School. Following a Master's Degree in Mathematics and a career at the Ontario Institute for Studies in Education, Carla was admitted to the bar at the age of 43. She fought fiercely for the right of mental patients to refuse treatment and her argument to the

Ontario Supreme Court in the case of "Mrs. T" against involuntary electroconvulsive therapy brought wide attention to the issue. Less publicly, Carla was a dedicated disability advocate, particularly in the area of competency, arguing that one can be competent to make certain decisions even if not competent in other areas. The Canadian Mental Health Association honoured her in 1989 with the C.M. Hincks Award for "efforts to make a difference in mental health in Canada" and in 2007 she received both the Mental Health Legal Committee's inaugural "Award in Advocacy" and Toronto Mad Pride's "Friendly Spike of Activism". Carla's own career was cut short by disability but she kept her mind active in later years with genealogical research and collecting trophies from a trivia league. Her rapier wit and ability to produce a pun for any occasion are remembered by all who knew her. A celebration of life will be held in Toronto in the near future.

Published in the Toronto Star on Sept. 26, 2015: <http://www.legacy.com/obituaries/thestar/obituary.aspx?n=carla-anne-mckague&pid=175936762#sthash.Q6lojQ3I.dpuf>

PHoenix Rising Publication #1 MYTHS OF MENTAL ILLNESS by Carla McKague:  
[http://www.psychiatricsurvivorarchives.com/phoenix/phoenix\\_rising\\_p1.pdf](http://www.psychiatricsurvivorarchives.com/phoenix/phoenix_rising_p1.pdf)



## Mad Stories

Tell your story your way. No labeling, no critique, no analysis. Come listen or join in as we tell short stories loosely based on life events. Open to consumers, survivors, and anyone with mad experiences.

**Tuesday, October 27, 2015**

**7:00 pm - 8:30 pm**

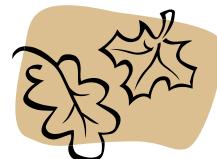
**OISE, 12th Floor, Room 12-274**

**at 252 Bloor St. West - St. George Subway**

For more information, please email [madly@teksavvy.com](mailto:madly@teksavvy.com) or call 647-478-4241.

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## Wellness: Mind, Body and Soul



The 2015 Fall Workshop Series of  
Getting On With Life and Its Challenges  
(A Mental Health Support and Skills Development Program)

- October 21 Let's Have Fun with Games
- October 28 Outing to High Park Nature Centre
- November 4 Dealing with Doctors and the Medical System
- November 18 Expressing Yourself Through Art
- November 25 How to Budget Wisely
- December 2 Movie: It's a Wonderful Life
- December 9 Addiction and Your Health
- December 16 Celebrate the Season with a Festive Meal

**Workshops are on Wednesdays, 1:30pm to 3:30pm  
At Regeneration Community Services  
2238 Dundas St. West, Suite 307**

**All workshops are on a drop-in basis**

For more information call Ela at 416-604-0640 ext.1046  
Or Scott at 416-703-9645 ext. 270



**The Four Villages**  
Community Health Centre  
Working Together for Whole Health



The Toronto Central LHIN  
Consumer/Survivor  
Initiative Network  
presents:



**WELL ENOUGH TO MOVE ON?.... BUT HOW?**

***Do you have questions about leaving mental health and addiction  
related services?***

***Want to share information and find out more?***



NOVEMBER 18<sup>th</sup>, 2015. Registration starts at 9:30 am. The forum runs from 10:00 am - 4:00 pm.  
**BONAR-PARKDALE PRESBYTERIAN CHURCH 250 Dunn Avenue, QUEEN AND DUNN AVENUE between Dufferin and Lansdowne in Parkdale. Lunch and tokens provided. Seating is limited. To register call the C/S Info Centre at: 416-595-2882 or by e-mail: [csinfo@camh.ca](mailto:csinfo@camh.ca)**



## Computer...Help!



Martha Gandier offers fellow consumer/survivors free over-the-phone or remote online computer advice and support with repairs, upgrades, installations, networking, virus and spy ware scans and clean-ups, coaching in MS Office, Photoshop, etc. She can be reached at: [gandier47@hotmail.com](mailto:gandier47@hotmail.com) or if your computer is in really bad shape, and you can't even email, call C/S Info at: 416-595-2882 and we'll email Martha for you and then she'll call you.

## Beginning the End of Homelessness in Canada

Free public lecture featuring a keynote speech by Tim Richter, President and CEO of the Canadian Alliance to End Homelessness.

Presented by the Louis L. Odette Urban Angel Fund for Homeless People, St. Michael's Hospital Foundation

Friday October 23<sup>rd</sup> 2015  
2:00 pm - 4:00 pm

Li Ka Shing Knowledge Institute  
Allan Waters Family Auditorium  
209 Victoria Street, Toronto

### Speaker Bio

Tim Richter is the President and CEO of the Canadian Alliance to End Homelessness (CAEH). The mission of the CAEH is to create a national movement to prevent and end homelessness in Canada. Prior to joining the CAEH, Tim was President & CEO of the Calgary Homeless Foundation charged with leading the implementation of Calgary's 10 Year Plan to End Homelessness – the first plan of its kind in Canada. In the first four years of Calgary's 10 Year Plan more than 4,000 homeless men, women and children were housed, 3,582 units of affordable housing were funded, and homelessness went down for the first time in 20 years of counting.

RSVP by October 19<sup>th</sup> to the STAR Learning Centre at [STAR@smh.ca](mailto:STAR@smh.ca) or 416-864-6060 x 77370

## Employment Matters

Sound Times seeks Community Service Interns

Multiple Positions Available - One Year Paid Internship, with shifts each day Monday through Friday. Afternoon and Evening Shifts Required

Location: 280 Parliament Street, Toronto  
2340 Dundas Street West, Toronto

Sound Times is funded by the Toronto Central LHIN to provide individual supports, social support, educational, occupational and recreational opportunities, as well as advocating for members to get connected to community resources. As a peer initiative, all services are provided by individuals who use, or have used, the mental health system. We are expanding our staff group to include Consumer/Survivors committed to completing a year-long intensive internship. The goal of this internship is to acquire the skills, education and understanding necessary to seek employment with organizations affirming the value of lived experience for frontline social service work. There is no minimum education requirement to apply, though the training will involve workshops and in-house classroom learning with assigned reading. Candidates interested in applying should submit a resume (if available) to [hiring@soundtimes.com](mailto:hiring@soundtimes.com). Applicants lacking a resume should apply by means of a written submission outlining why they are a good candidate for this opportunity. Deadline for applications is Friday, October 30, 2015. Not all applicants will be selected for interview.



## Training and Mentorship Employment Opportunity

The Gerstein Crisis Centre is now accepting applications for a mentorship and training program position as a Community Crisis Worker. This is a training position for people with lived mental health experience who have demonstrated an interest in the mental health field, but due to his/her own mental health issues, has experienced barriers to employment. To view the full job posting please visit: <http://gersteincentre.org/wp-content/uploads/2014/07/CS-Trainee-Job-Posting-2015.pdf>

# Things To Do in our *beautiful city...*

Free and Low-Cost Events for October 16 – 31, 2015



For TTC information call 416-393-4636 (INFO) or visit the TTC website.  
As changes to events happen from time to time, please call ahead to  
confirm the time, place and date of the event you wish to attend. Thank

## Arts

Saturday, October 17 from 11:00 am - 12:00 pm. **2015 Scarborough Walk of Fame Inductee Unveiling Ceremony.** Celebrate the unveiling of this year's STARS on the Scarborough Walk of Fame at Scarborough Town Centre. The ceremony is hosted by Canadian actor and comedian Colin Mochrie, best known for his role in *Whose Line Is It Anyway?*, alongside Canadian actress, comedian and past inductee, Deb McGrath. Presented in partnership with The Scarborough Hospital Foundation, this public event celebrates pride in the community and inspires tomorrow's leaders by honouring five extraordinary Canadians with roots in the city. This year's inductees include: Mike Holmes (Canada's Most Trusted Contractor), Farley Flex (Manager of Potential & Social Activist), Cherie Piper (Olympic Gold Medalist and Hockey Legend), Betty Carr (Community Newspaper Leader), and Dr. Sophie Hofstader (Award-Winning Dermatologist and Community Leader). Guests will have the opportunity to mingle with this year's Walk of Fame inductees, past inductees, and enjoy a variety of musical performances. Phone: 416-504-3977 or visit: [www.scarboroughwalkoffame.com](http://www.scarboroughwalkoffame.com). Scarborough Town Centre, Centre Court, 300 Borough Drive. All Ages. **Free**

Friday, October 23 through Sunday, November 8 from 6:30 pm - 10:00 pm. **i- Art Exhibit.** i - Art is a group of diverse, innovative creators of traditional and contemporary art. You are invited to the second annual i - Art show. Let us inspire you with our imaginative creations. Email: [mpsgallery115@gmail.com](mailto:mpsgallery115@gmail.com) or phone: 416-253-8076. Gallery 115, 115 Birmingham St. Adults. **Free**

## Authors' Reading

Tuesday, October 20 from 6:30 pm - 8:00 pm. **Author Reading.** Ken Newton, Ann Ball, William New: Junction Book The Novel, set in West Toronto in 1951, is the tale of three private eyes working on the murder case of the Junction's bookmaker's youngest son. The trio will venture to the shadiest part of Toronto's Junction, and experience their share of street cars, scandals and slaughterhouses. Phone: 416-393-7692. Annette Street Library, 145 Annette St. Adults. **Free**

Wednesday, October 21 from 6:30 pm - 7:30 pm. **Author Visit.** John Sewell Former Mayor and Author will discuss his book, *How We Changed Toronto: The Inside Story of Twelve Creative, Tumultuous Years In Civic Life, 1968-1980*. Drop-In program. *How We Changed Toronto* is the inside story of these activist idealists who set out to change the world - and did, right in their own backyard. The twelve-year transformation of Toronto chronicled in this book brought together a fascinating cast of characters: cigar-chomping developers, Jane Jacobs and David Crombie, a host of ordinary citizens, and some of the world's most innovative architects and planners. Email: [tbuhrows@torontopubliclibrary.ca](mailto:tbuhrows@torontopubliclibrary.ca) or phone: 416-394-5247. Brentwood Library, 36 Brentwood Rd. North. Adults. **Free**

## Business

Saturday, October 24 from 1:30 pm - 4:30 pm. **The Business End of Art: Portfolio Development for Artists.** Maggie Doswell, MBA, MFA, of Karma Creative art studio leads a workshop for artists on why a portfolio is important and how to develop one that will show your work to its best advantage. Doswell is a professional self-supporting painter with experience as an art gallery consultant, art teacher, and painter. No registration required. Space is limited. For more information, please visit the branch, call 416-393-7783 or email: [dastaff@torontopubliclibrary.ca](mailto:dastaff@torontopubliclibrary.ca). Danforth/Coxwell Library, 1675 Danforth Avenue. Adults. **Free**

## Computer

Thursday, October 22 from 10:30 am - Noon. **Excel Basics I.** Learn how to apply functions and use formatting features. We will provide an example to apply concepts taught. Learn about additional resources to expand your knowledge. To register call: 416-394-1000. Maria A. Shchuka Library, 1745 Eglinton Ave. West. Adults. **Free**

## Consumer Protection

Friday, October 23 from 2:00 pm - 4:00 pm. **An Afternoon with Peter Silverman: Protecting Yourself as a Consumer.** Please join Peter Jay Silverman (PhD, O.Ont), broadcast journalist and current host of the Saturday morning radio "The Peter Silverman Show" for a talk on consumer protection. Mr. Silverman previously hosted Silverman Helps (89-08), an ombudsman-type feature for consumers. He was made a member of the Order of Ontario in 2009. Register at the information desk or by calling: 416-395-5710. Don Mills Library, 888 Lawrence Ave. East. Seniors. **Free**

## Festivals, Fairs & Shows

Saturday, October 17 from 10:00 am - 9:00 pm. **Scarborough Community Multicultural Festival.** Kinron Associates Event Services Management & Scarborough Village Unite presents Scarborough Community Multicultural Festival. Special performances, special guests, live music - by DJ Blackcat & DJ Pleasure, special MC host by Pop Icon Michie Mee. **Email:** [scarboroughfestival@kinronassociates.com](mailto:scarboroughfestival@kinronassociates.com) or phone: 647-343-0821. Albert Campbell Square - Scarborough Civic Centre, 150 Borough Drive (Ellesmere & McCowan Rd). All Ages. **Free**

Sunday, October 18 from 1:00 pm - 4:00 pm. **See the Salmon Run!** Celebrate the annual salmon run in Highland Creek! Join a FREE guided walk along park paths to see the salmon swim upstream, meet the fish & nature experts, enjoy the community event booths & food vendors in the park. Email: [kgoodale@trca.on.ca](mailto:kgoodale@trca.on.ca) or phone: 416-661-6600. Morningside Park, 390 Morningside Ave. All Ages. **Free**

Saturday, October 31 from 11:00 am - 3:00 pm. **8th Annual YIMBY (Yes In My Backyard) Festival.** The annual YIMBY Festival provides a social space for people and groups involved in grassroots, locally driven community development to gather, exchange ideas and strategies to affect change, and imagine their future city. This free, one-day event invites community groups and non-profits from across Toronto to educate residents, politicians, policy makers, and each other through informal table discussions and presentations. YIMBY provides an opportunity for neighbours to meet neighbours, residents to meet politicians, and politicians to meet community groups in the spirit of people coming together for positive change. This year's YIMBY festival will welcome 75+ Toronto-based groups involved in community development, civic literacy, neighborhood improvement, environmental action, arts and culture, and economic development. Throughout the day, visitors can connect with organizations at informational displays and take in programming by YIMBY participants. Email: [info@yimbytoronto.org](mailto:info@yimbytoronto.org). Ted Rogers School of Management, 55 Dundas St. West. All Ages. **Free**

## Films

Tuesday, October 20 6:30 pm and Saturday, October 31 at 5:45 pm, this event repeats. **TIFF 40: Your Favourites.** In celebration of our 40th anniversary, we asked you to pick your favourite TIFF films from the past 40 years – and we're screening the top titles for free this Fall at TIFF Bell Lightbox! Your votes are in! As part of TIFF's fortieth-anniversary celebrations, we invited our audience to choose their favourite films from our organization's history to be screened this season at TIFF Bell Lightbox. Beginning in October, come see ten of your favourite TIFF films for free, ranging from TIFF Cinematheque classics to star-studded Festival galas, contemporary art-house gems to gruesomely good *Midnight Madness* masterpieces. October 20 will be a screening of *Mulholland Drive* Naomi Watts shot to stardom as a bright-eyed innocent who finds terror in Tinseltown, in David Lynch's phantasmagoric Hollywood spook-show and October 31 will be a screening of *Cemetery Man*: Rupert Everett stars as the zombie-killing caretaker of a small-town cemetery in director Michele Soavi's stylish horror comedy, which Martin Scorsese hailed as one of the best Italian films of the 1990s. This event is Free. Tickets are distributed at the venue two hours before the start of the event (1 ticket per person). 416-599-8433 or 1-888-599-8433 or to see the complete line-up: <http://tiff.net/fall2015-series/tiff40-your-favourites>. TIFF Bell Lightbox is located at Reitman Square on the north-west corner of King and John Streets, 350 King Street West. All spaces, including the cinemas, are wheelchair accessible. **Free**

Saturday, October 17 from 3:00 pm - 5:00 pm. **Monthly Movie Matinee.** Come watch a classic pet-themed movie in our Pet Park! All are welcome, with or without pets! See the website for details and updates: <http://www.pawsway.ca/monthly-movie-matinees/>. Email: [info@pawsway.ca](mailto:info@pawsway.ca) or phone: 416-360-7297. Purina Pawsway Event Space, 245 Queens Quay West. All Ages. **Free**



## Fixin' Things

Saturday, October 17 from Noon - 4:00 pm. (To avoid line-ups please arrive early. They will be able to serve visitors who arrive before 3:00 pm.) Toss it? No Way! **Bring it to the Repair Café!** Have a household item that's broken? Bring it to the Repair Café where you can get help fixing it and enjoy a cup of coffee. Get help fixing anything from computers to clothes, electronics, small appliances, jewelry and books. Visit [www.repaircafetoronto.ca](http://www.repaircafetoronto.ca). Don Mills Library, 888 Lawrence Ave. East. \*Accessible Location\*. All Ages. **Free**.

## Halloween

Saturday, October 31 from 1:30 pm - 5:00 pm. **Annual Halloween Party at Purina PawsWay.** Join us for a spooky celebration at our howling Halloween party. Games, prizes and family fun for both people and dogs! Bring your camera and take photos of you and your furry friend at our Halloween-themed photo booth. Get creative with the kids at our arts and crafts table. Free drop-in activities will be offered from 1:30 pm onward; contests and costume parade will run from 3:00 pm - 5:00 pm. Bring your cat or dog in costume for a chance to win a prize! Free! See our website for details and updates: <http://www.pawsway.ca/>, email: [info@pawsway.ca](mailto:info@pawsway.ca) or phone: 416-360-7297. Purina Pawsway Event Space, 245 Queens Quay West. All Ages. **Free**

## Music

Friday, October 16 at 9:00 pm. **Jazz at Oscar's.** Chris Wallace is a drummer and composer originally from Regina, Saskatchewan. Moving to Edinburgh, Scotland in 1998, he became a central figure in the Scottish jazz community. Chris recently relocated to Toronto and he has assembled this new group, "Chris Wallace's Many Names" a quartet featuring some of the most in demand musicians in Canada. Jeff King: tenor sax / Adrean Farrugia: piano / Ross Macintyre: bass. Visit his website: [chriswallacedrums.com](http://chriswallacedrums.com) for more info or to view all the upcoming jazz shows at Hart House: <http://harthouse.ca/music/>. Hart House, Arbor Room, Hart House. **Free**

## Science

Thursday, October 22 from 6:30 pm - 8:00 pm. **Antimatter Isn't Just Science Fiction!** Dr. Wendy Taylor (York University, Physics & Astronomy) talks about the science of antimatter. What is it? How is it made, trapped, studied and used... and what can it tell us about how the universe works? Adults and young people interested in this exciting field of science are encouraged to register for this compelling program! Space is limited. Please see staff, or phone 416-396-8950 to register. Agincourt Library, 155 Bonis Ave. Adults. **Free**

## Sport

Monday, October 26 through Saturday, November 28 from 9:00 am - 5:00 pm. **Ontario's Sporting Past Exhibit.** This collection of photographs celebrates Ontario's athletic heritage, including those leading moments and personalities in Ontario sports history, and the citizenship of those businesses that supported and promoted sports and fitness for Ontario and Ontarians. Phone: 416-394-1000. Maria A. Shchuka Library, 1745 Eglinton Ave. West. All Ages. **Free**

## Workshops

Sunday, October 18 and Sunday, October 25 from 10:30 am - 3:00 pm. **Scrumptious Sundays Presented by Bayview Village And Vida Condominiums.** Workshops and presentations about food and beauty. All delish events take place on the Vida Condo Kitchen Stage located near The GAP. Bayview Village, 2901 Bayview Avenue at Sheppard Ave. E. **Free**

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**To subscribe to The Bulletin** call the Consumer/Survivor Information Resource Centre of Toronto at: 416-595-2882 or email us at: [csinfo@camh.ca](mailto:csinfo@camh.ca).

The Bulletin is published on the 1st and 16th of every month by C/S Info Centre – a Consumer/Survivor Initiative funded by the Toronto Central LHIN (Local Health Integration Network). It's free to receive. If you don't have email you may receive it by regular mail through the generous support of the Centre for Addiction & Mental Health.

Disclaimer: The views expressed do not necessarily reflect those of the Toronto Central LHIN or the Government of Ontario, C/S Info Staff, Volunteers or Board Members. Mailing Address: C/S Info Centre, c/o CAMH, The Mall, 1001 Queen Street West, Toronto, ON M6J 1H4.

[www.csinfo.ca](http://www.csinfo.ca)



**Go green; get The Bulletin by email! Subscribe by email here: [csinfo@camh.ca](mailto:csinfo@camh.ca)**

**Thanks for subscribing! From the C/S Info Bulletin Team:  
Helen and Cassandra and our wonderful volunteers Jacqueline and Moira!**



Becoming a Member of the Consumer/Survivor Information Resource Centre of Toronto entitles you to come to our **Annual General Meeting on October 21, 2015** and **vote** for candidates to the Board of Directors, and to stand for election to the Board of Directors if nominated. Membership is free.

You are very welcome to attend our Annual General Meeting whether you are a member, or not.

Your subscription to The Bulletin continues without a break whether you are a member, or not.

## General Membership Application

It's free to become a member of the Consumer/ Survivor Information Resource Centre. Simply fill out this form and return it to us by mail, email or bring it to our office at 1001 Queen St. West. If you are already a member, you must renew your membership before the end of every two years for your membership to remain in good standing.

The Goals of the Consumer/Survivor Information Resource Centre are:

1. To provide assistance and information to consumer/survivors of the psychiatric health care system.
2. To provide a physical facility where consumer/survivors can go to obtain information from their peers (other consumer/survivors) in a format accessible and appropriate to the consumer/survivor community.
3. To provide information outreach services to consumer/survivors in the community.
4. To assist consumer/survivors in utilizing other resources, such as mental health services and information services.
5. To identify gaps in the information resources available to consumer/survivors and to develop, or promote the development of new information resources to fill those gaps.
6. To support the use of advanced information-sharing techniques amongst consumer/survivors and among groups providing information to consumer/survivors.

I agree with and support the goals of C/S Info Centre. I would like to become a Member of the Resource Centre. It serves the Greater Toronto Area and there is no charge.



Signature \_\_\_\_\_

Date \_\_\_\_\_

Name (please print) \_\_\_\_\_

Organization (if any) \_\_\_\_\_

Street Address \_\_\_\_\_

City/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Business phone \_\_\_\_\_

Email: \_\_\_\_\_

Yes! (please check the box) I will be attending the AGM on October 21, 2015 at 6:00 pm at Bonar-Parkdale Presbyterian Church at 250 Dunn Ave. Please RSVP by October 20, 2015. (See page 1 for more details.)

Please Note: We must receive your signed application at least 48 hours prior to the Annual General Meeting in order for you to be able to vote. **You do not need to be a member to continue to receive the Bulletin.**