



# BULLETIN

# 514 August 1 – 15, 2014

Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto  
Phone Hours: M-F from 9-5 / Drop-in Hours: M-F from 9-4  
Tel: 416 595-2882 [csinfo@camh.ca](mailto:csinfo@camh.ca) <http://www.csinfo.ca/>

## Community Announcements

### **COMMUNITY TREATMENT ORDERS (CTO)** **A meeting for individuals on CTOs**

**Wed. August 27th 2014  
2:00 - 3:00PM**

*Are you currently on a Community Treatment Order (CTO)?  
Or, have you been on a Community Treatment Order in the past 2 years?*

*We want to talk to you about your experiences on CTOs, your rights and our  
Empowerment Council work on this item in the courts.*

*What is a CTO? A Community Treatment Order (CTO) is a legal order, initiated by a doctor and consented by the person (client) or his or her substitute decision maker. The CTO describes the conditions you (the client) must meet to live outside of hospital and in the community. The plan usually includes a mental health worker, doctor, substitute decision maker and family members.*

***Please Note: This meeting is ONLY for clients who are on, or have been on a CTO.  
~ Refreshments and \$6.00 transit will be provided at the meeting ~***

***PLEASE CALL TO RSVP***

*Lucy at 416 535-8501 x 33013 or [lucy.costa@camh.ca](mailto:lucy.costa@camh.ca)*

## C/S Info Centre - We are Recruiting for Our Board

The Consumer/Survivor Information Resource Centre of Toronto is looking for people to join our Board of Directors. We're looking for people with some experience being on a board or committee work. You must have lived experience of a mental health or addictions issue and be comfortable identifying as such, and have a desire to help the consumer/survivor community. We want to reflect the diversity of our community. Our expectations are that you will attend board meetings once per month and be on one committee. We are a governance board that does not get involved with the day-to-day running of the Centre.

If you are interested in this opportunity, then, no later than August 29<sup>th</sup>, 2014:

Please send or bring your resume, &/or a letter saying why you would like to be considered for a position on our board to: Consumer/Survivor Info Centre  
c/o CAMH, The Mall  
1001 Queen Street West  
Toronto ON M6J 1H4  
or to: [csinfo@camh.ca](mailto:csinfo@camh.ca)

The Consumer/Survivor Information Resource Centre of Toronto is a small non-profit organization that is funded by the Ministry of Health and Long-Term Care through the Toronto Central LHIN (Local Health Integration Network). We have been in operation since 1992. We are located at the Queen Street site of the Centre for Addiction and Mental Health and we thank them for their generous support in providing us with rent-free premises and for paying for the postage to mail our newsletter, The Bulletin. We have our own funding and our own Board of Directors and we are an independent organization.

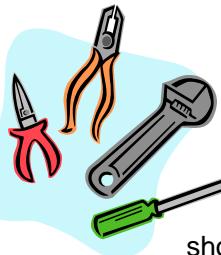
Our main services are to provide information on a wide variety of topics to people who call or drop-in to our premises; to maintain a diverse collection of materials on topics of interest to consumer/survivors; to publish a twice-monthly newsletter called The Bulletin; to provide a year-round tax clinic for low-income consumer/survivors to have their taxes prepared for free; and to host a series of information workshops on topics of interest to the c/s/x community.

Interviews will be held Monday, August 25<sup>th</sup> and Monday, September 22<sup>nd</sup>, 2014.

New Board Candidate Orientation will be held in September 2014.

Our Annual General Meeting will be held Wednesday, October 22, 2014 at 6:00 pm.

## The Repair Café



The Repair Café is held one Saturday of each month at different locations in Toronto. At this cafe, we have volunteers (free of charge) available for fixing computers, electronic devices, small appliances, lamps, small furniture, clothes, jewelry and book binding. And our 3D printing fixer will show you how to create parts for repairs. Our team of fixers will show you how to fix your item.

To avoid line-ups please arrive early. We will be able to serve visitors who arrive before 1 pm.

Visit [www.repaircafetoronto.ca](http://www.repaircafetoronto.ca) for more details.

**WHEN:** Saturday, August 9<sup>th</sup> from 10:00 am – 2:00 pm

**WHERE:** Toronto Reference Library, 789 Yonge Street, in the Elizabeth Beeton Auditorium

**COST:** FREE!!

**DIRECTIONS:** The closest major intersection is Bloor and Yonge. The Library is located one block north of Bloor on the east side of Yonge. Take the TTC to the Yonge/Bloor Station.

# Mental Health in the Canadian Justice System

A discussion in recognition of

## International Prisoner Justice Day

**SUNDAY, AUGUST 10, 2014**

11 am to 4:45 pm

### **METRO HALL**

55 JOHN STREET  
TORONTO, ONTARIO

#### SPEAKERS INCLUDE:

##### **Sukanya Pillay**

General Counsel and Executive Director of the Canadian Civil Liberties Association

##### **Ryan Fritsch**

Leading development of Legal Aid Ontario's Mental Health Strategy

##### **Allison Thornton**

Canadian Civil Liberties Association's representative as the Ashley Smith Inquest

##### **Insiya Essajee**

Ontario Human Rights Commission legal counsel in Christina Jahn Human Rights Tribunal Complaint Against the Ministry of Community Safety and Correctional Services

##### **Jacqueline Tasca**

Policy Analyst at the John Howard Society of Ontario's Centre of Research, Policy and Program Development

##### **Kerri Joffe**

Staff Lawyer at ARCH Disability Law Centre

And don't miss a screening of the documentary ***NCR: Not Criminally Responsible*** followed by a Q&A with Mercedes Perez, mental health lawyer, Swadron & Associates

This event is free and open to the public.

For more information, contact [media@ccla.org](mailto:media@ccla.org).





Martha Gandier offers fellow consumer/survivors Free over-the-phone or remote online computer advice and support with repairs, upgrades, installations, networking, virus and spy ware scans and clean-ups, coaching in MS Office, Photoshop, etc. She can be reached at [gandier47@hotmail.com](mailto:gandier47@hotmail.com) or if your computer is in really bad shape, and you can't even email, call the C/S Info Centre at 416 595-2882 and we'll email Martha for you and then she'll call you.

# Employment and Training Matters

## EMPLOYMENT OPPORTUNITY

### Project Coordinator – Contract Position

Project Term: August 2014 - June 30, 2015.  
Part-time/hours to be determined. Must be flexible.

**Application submission deadline: Sunday August 17<sup>th</sup> 2014**

The Psychiatric Disabilities Anti-Violence Coalition (PDAC) is comprised of representatives of community-based agencies providing support for people with psychiatric disabilities; representatives of mental health organizations; people living with psychiatric disabilities; consumer/survivor/ex-patients of the psychiatric system and their advocates; community members and social work and disability studies researchers. We are proposing a project to explore how people with psychiatric disabilities experience and define violence in their lives. The proposed project is funded by the City of Toronto: Access, Equity & Human Rights Grant and will facilitate community participation through the inclusion of diversely-situated people with psychiatric disabilities, community-based agencies and academic allies in planning, implementation, and evaluation of the project.

#### Job Description

Reporting to the project advisory, the Project Coordinator will work collaboratively as part of a team and with community partners to develop, implement, and oversee a well-integrated project. This project will examine the complexity of violence in the community experienced by people with psychiatric disabilities. The Project Coordinator will play a key role in working with community-based groups to identify partner stakeholders in an effort to coordinate two community forums on the topic of violence. The position also involves the development of a comprehensive communication strategy during the project, completing a project-related environmental scan, as well as research and report writing.

#### Qualifications

The preferred candidate will have:

- Knowledge of anti-oppression analysis and proficiency in its application;
- Familiarity with conducting environmental scans;
- Experience with project coordination and planning large scale community-based events;
- Negotiation, strategic planning, and advanced facilitation and teamwork skills;
- Problem-solving, networking and partnership building skills;
- Ability to prioritize work and manage numerous tasks simultaneously;
- Strong research skills including the ability to work with various databases (e.g. government, legal, public policy);

- Proficiency in report writing and ability to critically analyse and synthesize information;
- Availability to work flexible work hours;
- Comfort working with diverse community members and a variety of disabilities;
- Experience in community engagement and advocacy;
- Comfort with, and a multifaceted understanding related to the issues and breadth of violence that affects diversely-situated people with psychiatric disabilities.

**Please submit resume and cover letter by August 17<sup>th</sup> to:**

**Parkdale Community Legal Services**  
**In person to the receptionist during office hours**  
**or**  
**Fax: 416-531- 0885**  
**Attention to: Peggy-Gail**  
**or**  
**Email: dehlp@lao.on.ca**

Project Partner Organisations:

**Parkdale**  
Community Legal Services



**PARC**  
re:Building Lives

**PDAC**

**Psychiatric Disabilities Anti-Violence Coalition**

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**To subscribe to The Bulletin** call the Consumer/Survivor Information Resource Centre of Toronto at: 416 595-2882 or email us at: [csinfo@camh.ca](mailto:csinfo@camh.ca).

The Bulletin is published on the 1st and 16th of every month by C/S Info Centre – a Consumer/Survivor Initiative funded by the Toronto Central LHIN (Local Health Integration Network). It's free to receive. If you don't have email you may receive it by regular mail through the generous support of the Centre for Addiction & Mental Health.

Disclaimer: The views expressed do not necessarily reflect those of the Toronto Central LHIN or the Government of Ontario, C/S Info Staff, Volunteers or Board Members. Mailing Address: C/S Info Centre, c/o CAMH, The Mall, 1001 Queen Street West, Toronto, ON M6J 1H4. [www.csinfo.ca](http://www.csinfo.ca)



How about converting to email and doing a favour for our planet? Call the C/S Info Centre at 416 595-2882 or email us at: [csinfo@camh.ca](mailto:csinfo@camh.ca). Your Mother Earth will thank you. Helen, Cassandra and Arlene

# Want to Start or Grow Your Own Business?

RISE ASSET DEVELOPMENT'S  
**YOUTH**  
SMALL BUSINESS  
PROGRAM



If you are an aspiring entrepreneur **under 30** and self-identify as having experienced anxiety, depression, anorexia, bipolar disorder, PTSD, ADHD, addiction or similar challenges, then the **Youth Small Business Program** may be right for you.

## Apply Now!

[www.riseassetdevelopment.com/youth](http://www.riseassetdevelopment.com/youth)

The **Youth Small Business Program** is a **free** 3-month course using interactive and innovative Business Design™ tools:

- Develop a **concrete business plan**
- Receive **mentorship** from business professionals
- Earn up to **\$500 in start-up grants**

*Successful graduates are eligible to apply for a low-interest small business loan from Rise.*

Powered by  
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Funded in part by  
 **Ontario**

For more information please contact us at:

[info@riseassetdevelopment.ca](mailto:info@riseassetdevelopment.ca)  
1-855-464-RISE (7473)

Rise Asset Development is a registered charity that provides training, mentorship and low-interest small business loans to men and women with a history of mental health or addiction challenges.

[www.RiseAssetDevelopment.com](http://www.RiseAssetDevelopment.com)



@riseCAN



[facebook.com/riseassetdevelopment](http://facebook.com/riseassetdevelopment)



[vimeo.com/riseassetdevelopment](http://vimeo.com/riseassetdevelopment)

**rise**

# Things To Do...

**Free and Low-Cost Events for August 1<sup>st</sup> to 15<sup>th</sup>, 2014**

For TTC information call 416 393-4636 (INFO) or visit the TTC website.



## Beauty Product Information

Tuesday, August 12<sup>th</sup> from 6:30 pm - 8:00 pm. **Ingredients: Understanding What's In Your Beauty Products.** This session will cover the concepts and terminology as they relate to cosmetics and toiletries. You will learn how to interpret cosmetic labels and ingredient lists. A discussion on what is currently known about toxins in beauty products will be held. Please register by calling: 416 394-5247 or for more info contact Brentwood Library by email: [hdelaurier@torontopubliclibrary.ca](mailto:hdelaurier@torontopubliclibrary.ca). Brentwood Library, 36 Brentwood Road North. All Ages. **Free**



**CANADIAN NATIONAL EXHIBITION  
AUG 15 TO SEPT 1, 2014**  
Toronto, Canada

## CNE - Canadian National Exhibition

Below is a list of when/where you can get discounted CNE tickets. Visit [www.theex.com](http://www.theex.com) for more info.

### CNE Admission Discount Pricing

#### \$8 @ the Gate

Only on Opening Day - August 15<sup>th</sup>

#### \$6 after 5 pm @ the Gate

Available Mondays (except Labour Day), Tuesdays, Wednesdays and Thursdays

#### Advance Ticket Discount: Admission Pass \$12

Includes grounds admission, as well as access to all buildings, concerts and shows

Save up to \$6 or 33%

Buy at retail partners or online at: [www.theex.com](http://www.theex.com) until August 14<sup>th</sup> only

All ages (free admission for children under 4 yrs old)

## Concert

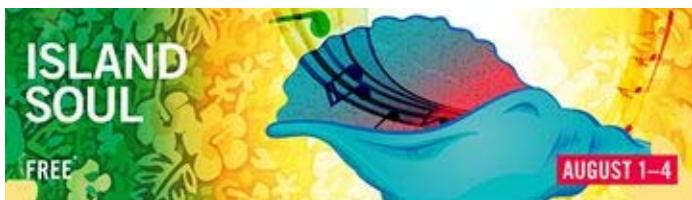
Sunday, August 3<sup>rd</sup> from 7:00 pm - 9:00 pm (this event repeats). **Sunday Serenades in North York.** Free outdoor concert series being held every Sunday from now through August 17<sup>th</sup>. Scheduled performers: August 3: Bob Cary Orchestra; August 10: Metro Big Band; August 17: Swing Shift Big Band. For more info phone: 416 395-7582. Mel Lastman Square, 5100 Yonge Street. All Ages. **Free**

## Dance

Monday, August 4<sup>th</sup> from 7:00 pm - 10:00 pm (this event repeats). **Dusk Dances - 20th Anniversary Season.** Dusk Dances, Toronto's inescapable summer dance festival is celebrating its 20th anniversary season. Dusk Dances Festival returns to Toronto's Withrow Park from August 4<sup>th</sup> - 10<sup>th</sup>, presenting six exciting dance pieces which are sure to exhilarate and fascinate audiences. Featuring the artistry of internationally acclaimed dancers and choreographers, the 2014 season will be as entertaining and innovating as any season ever presented. Withrow Park (South of Danforth between Logan and Carlaw) Additional Thursday and Sunday Matinees at 2:00 pm. For more info visit: [www.duskdances.ca](http://www.duskdances.ca) or contact Mikael Lavogiez by email: [media@duskdances.ca](mailto:media@duskdances.ca), go to the website: <http://www.duskdances.ca/> or phone: 416 410-6234. Withrow Park, 725 Logan Avenue, Northeast corner of the park. All Ages. **Free**



## Festivals



Friday, August 1<sup>st</sup> through to Monday, August 4<sup>th</sup> from 10:00 am - 11:00 pm. **Island Soul**. The cultural legacy of the Caribbean comes to Toronto's waterfront for four days of music, dance, food, film and more. For more info email: [media@harbourfrontcentre.com](mailto:media@harbourfrontcentre.com). Harbourfront Centre, 235 Queens Quay West. All Ages. **Free**

Friday, August 1<sup>st</sup> from 6:00 pm - 10:00 pm (this event repeats). **Irie Music Festival**.

This city-wide free music festival celebrates African-Canadian culture with music, dance, spoken word, literature, art, food and drink from the Caribbean and across the African Diaspora, with this year's headliners including the likes of Alison Hinds, the undisputed "Queen of SOCA"; Richie Spice, "the Gideon of contemporary reggae"; Etana, one of Reggae music's best new female stars; Grammy winner Richie Stephens; and David Rudder, widely regarded as calypso's monarch. The Irie weekend at Nathan Philips Square concludes with a traditional island style "blocko", a block party featuring some of Toronto's best DJs spinning a mix of Reggae, Calypso and Soca. The TD IRIE Music Fest Toronto celebrates its 12th year in Toronto's Nathan Phillips Square from August 1<sup>st</sup> to 4<sup>th</sup>. For more info contact Shamica Gager by email: [shamicag@hotmail.com](mailto:shamicag@hotmail.com) or by phone: 647 745-3951. Nathan Phillips Square, 100 Queen Street West. All Ages. **Free**



Saturday, August 2<sup>nd</sup> from 9:00 am - 6:00 pm. **Caribana Parade/Caribbean Carnival Parade**. The Caribana parties and events are great but the main attraction of Toronto's Caribbean Carnival is the Grand Parade (North America's largest Caribbean Parade). With over a million people set to attend, this year's Caribbean Carnival Parade will start off inside Exhibition Place as the competing Masquerade Bands (also known as Mas Bands) will fill the stadium with live Soca, Calypso and Steelpan music! The elaborate costumes, props and lively dancers bring everything to life and add to this incredible experience that happens only once a year. The most important and biggest event of the Caribana weekend is the Caribbean Carnival Parade. The Parade route begins at Exhibition Place, travelling down Lakeshore Boulevard West and ends at Lakeshore and Parkside Drive (approximately 4.5 kilometers). For more info contact: 416 391-5608. Exhibition Place & Lakeshore Boulevard, 15 Saskatchewan Road. **Free along Lakeshore** – if you enter exhibition place there is a fee.



Friday, August 8<sup>th</sup>, Saturday, August 9<sup>th</sup> and Sunday, August 10<sup>th</sup> from 6:00 pm - 12:00 am. **Krinos Taste of the Danforth** is Toronto's largest street festival, showcasing the best of Mediterranean food, culture, and music our multicultural city has to offer - from souvlaki to mezes, authentic music to interactive activities! Come enjoy the culture that makes the GreekTown on the Danforth (from Broadview to Jones) a year-round destination. For more information visit: [www.tasteofthedenforth.com](http://www.tasteofthedenforth.com) or contact Howard Lichtman by email: [howard@lightning-group.com](mailto:howard@lightning-group.com). Danforth Avenue (Broadview to Jones) All Ages. **Free**

Tuesday, August 5<sup>th</sup> at 2:00 pm. **2001: A Space Odyssey (A Celebration of Space Film Festival)**. It's man vs. machinery in Stanley Kubrick's startling milestone film. Rarely are such power and beauty expressed in purely cinematic terms. From prehistoric man's struggle to cope with a hostile environment, to the interplanetary voyage to Jupiter, the film is an eloquent statement on man's endless quest to master his fate. The Oscar-winning special effects paved the way for the high-tech look of '80's science-fiction films. First come, first seated. For more info email Todd Buhrows: [tbuhrows@torontopubliclibrary.ca](mailto:tbuhrows@torontopubliclibrary.ca) or phone: 416 394-5247. Brentwood Library, 36 Brentwood Road. Adults. **Free**

## Markets

Saturday, August 2<sup>nd</sup> from 8:00 am - 1:00 pm (this event repeats). **Farmers' Market at Evergreen Brick Works.** There are over 60 farmers and food producers who take part in the weekly Farmers' Market at Evergreen Brick Works. Open all year long, the Saturday Farmers' Market features a large assortment of fruits, vegetables, wild fish, meat, cheese, bread, eggs and more, all from local farmers and producers. Shop for locally made crafts, gifts and soaps, or grab a snack at the Local Food Court. For more info contact Marzio Silva by email: [msilva@evergreen.ca](mailto:msilva@evergreen.ca), visit the website: <http://www.evergreen.ca/whats-on/event-details/9536> or call: 416 596-1495. Evergreen Brick Works, 550 Bayview Avenue. All Ages. **Free Admission**

Wednesday, August 6<sup>th</sup> from 10:00 am - 2:00 pm (this event repeats). **Fresh Wednesdays at Nathan Phillips Square.** Shop the Farmers' Market for fresh Ontario-grown produce, baked goods, local meats, artisan cheeses, honey, preserves, flowers and more while enjoying free live entertainment. For more info visit the website: <http://www.toronto.ca/freshwednesdays> or call: 311. Nathan Phillips Square, 100 Queen Street West. All Ages. **Free Admission**

Sunday, August 3<sup>rd</sup> from 10:00 am - 5:00 pm (this event repeats). **The Leslieville Flea at Harbourfront Centre.** Toronto's newest flea market opens on the Exhibition Common this summer! The Leslieville Flea is a curated market selling vintage, salvaged, up-cycled goods, furniture, antiques, collectibles and select artisans. For more info visit: [http://www.harbourfrontcentre.com/summer/festivals.cfm?id=5897&festival\\_id=179](http://www.harbourfrontcentre.com/summer/festivals.cfm?id=5897&festival_id=179), email: [info@harbourfrontcentre.com](mailto:info@harbourfrontcentre.com) or phone: 416 973-4000. Exhibition Common, Harbourfront Centre, 235 Queens Quay West. All Ages. **Free**



## Movies

Thursday, August 14<sup>th</sup>, Friday August 15<sup>th</sup>, Saturday August 16<sup>th</sup> from 6:00 pm - 10:00 pm. **Sail-In Cinema.** World's first two-sided floating movie experience returns. Toronto Port Authority transforms Sugar Beach into the city's largest outdoor theatre. For more info email Louise Brooks: [lb Brooks@torontoport.com](mailto:lb Brooks@torontoport.com) or phone: 416 863-2004. Toronto's Sugar Beach, 25 Dockside Drive. All Ages. **Free**

## Theatre

Friday, August 1<sup>st</sup> at 8:00 pm (this event repeats). **Shakespeare in High Park – Titus Andronicus.** Toronto outdoor theatre tradition, Shakespeare in High Park, is back this summer and will alternate between two shows. The first, Titus Andronicus, is a tragedy about the fictional Roman general Titus and his cycle of revenge. As You Like It, a pastoral comedy, follows a young girl named Rosalind who flees from her royal uncle's persecution into the Forest of Arden. Food, beverages and blankets will be available to purchase on-site. The outdoor performances will go on with weather permitting; any cancellations due to rain will be done by 8:00 pm. As You Like It will play on Tuesdays, Thursdays and Saturdays while Titus Andronicus is on Wednesdays, Fridays and Sundays. For more info contact Margaret O'Donoghue by email: [margaret.intern@rockitpromo.com](mailto:margaret.intern@rockitpromo.com) or by phone: 416 656-0707. The gates open each night at 6:00 pm, arrive early and you will definitely get a spot! There's lots of room on the hill in addition to the online reservation spots. Check out [www.canadianstage.com](http://www.canadianstage.com) for more info. High Park, 1873 Bloor Street West. All Ages. **Pay What You Can At The Gate**



As the saying goes, membership has its privileges. Becoming a Member of the Consumer/Survivor Information Resource Centre of Toronto entitles you to come to our Annual General Meeting and vote for candidates to the Board of Directors, and to stand for election to the Board of Directors if nominated. Membership is free.

You are very welcome to attend our Annual General Meeting whether you are a member, or not.

Your subscription to The Bulletin continues without a break whether you are a member, or not.

## General Membership Application

It's free to become a member of the Consumer/ Survivor Information Resource Centre.

Simply fill out this form and return it to us by mail, email or bring it to our office at 1001 Queen St. West.

If you are already a member, you must renew your membership before the end of every two years for your membership to remain in good standing.

The Goals of the Consumer/Survivor Information Resource Centre are:

1. To provide assistance and information to consumer/survivors of the psychiatric health care system.
2. To provide a physical facility where consumer/survivors can go to obtain information from their peers (other consumer/survivors) in a format accessible and appropriate to the consumer/survivor community.
3. To provide information outreach services to consumer/survivors in the community.
4. To assist consumer/survivors in utilizing other resources, such as mental health services and information services.
5. To identify gaps in the information resources available to consumer/survivors and to develop, or promote the development of new information resources to fill those gaps.
6. To support the use of advanced information-sharing techniques amongst consumer/survivors and among groups providing information to consumer/survivors.

I agree with and support the goals of C/S Info Centre. I would like to become a Member of the Resource Centre. It serves the Greater Toronto Area and there is no charge.



Signature \_\_\_\_\_

Date \_\_\_\_\_

Name (please print) \_\_\_\_\_

Organization (if any) \_\_\_\_\_

Street Address \_\_\_\_\_

City/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Business phone \_\_\_\_\_

Email: \_\_\_\_\_

Please Note: We must receive your signed application **at least 48 hours prior** to the Annual General Meeting in order for you to be able to vote.

**You do not need to be a member to continue to receive the Bulletin**