

BULLETIN

Sept 1 – 15, 2012

Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto
Phone Hours: M-F from 9-5 / Drop-in Hours: M-F from 9-4
Tel: 416-595-2882 csinfo@camh.ca <http://www.csinfo.ca/>

Community Forum:

Abused, neglected, arrested: Social profiling of homeless people, Toronto

When: Thursday, Sept. 6 at 1 pm

Where: The Sanctuary, 25 Charles Street East, Toronto (just east of Yonge Street, two blocks south of Bloor - near Bloor/Yonge subway)

On-line registration: <http://abusedneglectedarrested.eventbrite.com/>

Social profiling of homeless people is the use of a person's status by police, security services, members of the public and others to determine their treatment. Stereotypes and perceptions lead to a different treatment of people who are homeless, including youth, compared to those who are housed. Research from the Wellesley Institute and others shows that people who are homeless report a higher level of criminal assaults, including assaults by police, and more negative interactions. An on-line video of a person urinating on an apparently homeless man that was made public in early August shocked many, but it confirmed the violations that people living on or close to the street experience daily.

Everyone is welcome at this community forum, especially those who have experienced homelessness. The Sanctuary is a welcoming place for the homeless and an important venue to host this critical conversation.

Moderator:

Michael Shapcott, Director of Housing and Innovation, The Wellesley Institute

Presenters include:

Doug Hatlem Johnson, Street Pastor, the Sanctuary Prof. Stephen Gaetz, York University and the Homeless Hub Voices of people with lived experience of homelessness

Sponsored by:

The Sanctuary (<http://sanctuarytoronto.ca/>) The Homeless Hub (<http://homelesshub.ca/>) Wellesley Institute (<http://wellesleyinstitute.com/>)

Community Announcements 1 – 3 Upcoming Conferences 3 – 5 Employment Matters 5 Places to go... 6 – 8 PREFER Summit 9 - 10

Hey Bulletin Readers, Every now and then, we put in announcements of research studies for the information of our subscribers. We aren't endorsing these studies; we are providing the announcements so you can choose whether or not to participate. When we did a survey of our readers few years ago, the majority of responders said you wanted to hear about research going on and decide for yourselves about participating. So, here's one about the possibility of reducing medication. Helen



Are you 50 years or older and have a diagnosis of schizophrenia or schizoaffective disorder? If yes, you may be eligible for a research study that involves dose reduction of your antipsychotic medication with careful monitoring. This study will also involve brain imaging procedures. We are looking for individuals who: 1) are taking Olanzapine or Risperidone; 2) are age 50 or older; 3) are not using any street drugs; and 4) have been well for at least 12 months. For more information, or to find out if you are eligible, please call us at 416 535-8501 x 7392. Compensation will be provided

CAMH provides other treatment options for mental illness or addiction. For more information, visit www.camh.net or call CAMH at 416-535-8501.

CAMH is a Pan American Health Organization Collaborating Centre and is affiliated with the University of Toronto.

MDAO LGBTQ Peer Support Drop-in Group

September 19, 2012 7:00 pm - 9:00 pm

This is a free peer support drop-in group for those in the Lesbian, Gay, Bisexual, Transgender, and Queer community who are living with a mood disorder. Please join us and learn that you are not alone!

Meetings: Third Wednesday of each month, from 7 - 9 pm starting Sept 19, 2012

(The building doors may be locked after 6 pm so please press the button by the wheelchair entrance underneath the intercom to enter the building)

Location: Mood Disorders Association of Ontario, 36 Eglinton Ave. West, Suite 602, Toronto

Please let me know if you have any further questions. Andrew 416 486-8046 or www.mooddisorders.on.ca

OUR PLACE 2nd Annual Open House

Tuesday, September 11th – 6 pm. Learn about Our Place's exciting new programs. Official Launch of Our Place's New Logo. Help choose Our Place's new Slogan. Refreshments and Activities including a performance by the Our Place Choir, and Art Show by the Our Place Art Class. Please RSVP at 416-598-2919 or charlaine@ourplacecommunityofhope.com



Free Computer Help Available

Free over the phone or online technical support for fellow survivors. Help with repairs, upgrades, installations, and networking. Coaching in MS Office, PhotoShop, etc. Virus and spy ware scans and clean-ups. Contact Martha at gandier47@hotmail.com or call the C/S Info Centre at 416-595-2882 and we'll put you in touch.

Mad Students Society (MSS) is a peer support and advocacy group of/for students who have personal experiences with mental health systems, madness, mental illness, mental health disabilities, etc. MSS was created in 2005 and since then we have been meeting monthly (primarily in and around Toronto with an upcoming meeting on September 8 from 3:30-5:30 pm) and moderating an active, private, email discussion listserv open to Mad Students living anywhere in the world.

We welcome new members!

We are interested in connecting with other individuals/groups engaged in social justice, peer support, mental health, and disability work - and are particularly curious to learn what networks and alternatives exist on campuses across Canada for Mad Students or students labeled with mental health disabilities. If you know people/groups we should talk to, please let us know or forward this email.

For promotional materials (to share with colleagues, clients, students, staff) or further information about meeting locations, joining the listserv, or ways to support us, email Elizabeth/Alisa at outreach@madstudentsociety.com. www.madstudentsociety.com

Upcoming Conferences

World Hearing Voices Day – Sept 14, 2012 – Toronto

This year Toronto is joining in marking **World Hearing Voices Day**.....

A day of community, connecting across Canada and round the globe learn about hearing voices experience, community and some of the innovative ways we work helping people learn to live with the voices they hear...

- **Intensive Training Workshop for Workers 9:00 am to 12 noon**
Intensive small group workshop for workers only, limited spaces, materials provided
- **Community Information 1:00 pm to 4:30 pm**
networking and connecting with the global hearing voices community
- **Social/buffet to 6:00 pm**
- **For full info and updates** as we confirm guests from round the globe
<http://recoverynetworktoronto.wordpress.com/2012/07/27/world-hearing-voices-day-friday-14th-september-2012/>
- **To register by phone or email contact Brian McKinnon at 416 285-7996 x 227 or**
bmckinnon@alternativestoronto.org

Mental Wellness and Diversity Community Forum – Sept 19, 2012 - Toronto

Join the Northwest Community Mental Health Network, Research Working Group for the launch of the research report: Research with the Afro-Caribbean, Latin American, Tamil, Somali and Vietnamese communities.

Wednesday, September 19, 2012 Oakdale Community Centre, 350 Grandravine Drive

3:30 pm to 5:00 pm **Service provider forum**
5:00 pm to 6:00 pm **Refreshments and networking**
6:00 pm to 8:30 pm **Community forum**

The launch will feature Keynote Speaker Kwasi Kafele, Diversity and Mental Health Expert followed by a presentation of the key findings and recommendations from the research. Service providers are invited to stay for refreshments and networking to be followed by a special presentation of the research for community members with discussion groups facilitated in English, Somali, Spanish, Tamil and Vietnamese.

Attendees will receive a copy of the research report for their organization. Copies of the Executive Summary of the research will be available in English, Somali, Spanish, Tamil and Vietnamese.

Free Event

Please reserve child care in advance

Light Refreshments

For more information, call Jackeline at 416 249-8000 x 3230.

Support Work As Dignity Work - Friday, Sept 21, 2012 – North York

“Support Work As Dignity Work” workshop presented by PREFER (Peer Recovery Education For Employment and Resilience)

Friday, Sept. 21 Fee \$160.00 (Regular) \$75.00 (Student)

Where: North York General Hospital – Branson Site 555 Finch Ave. West, Toronto

Time: 9:00 am – 4:00 pm

This workshop will explore the processes and structures of dignity violation, dignity promotion and opportunities, the consequences for individual and collective health and imagine reform of our systems of health and social care. The workshop features a presentation on Dignity and Health by Nora Jacobson, M.A., Ph.D., author of the book, “Dignity and Health”, and a presentation by Kathryn Storey, RN, MA, PhD. which will update the research project on finding balance in setting limits within peer support relationships.

1 888-780-0724

A Living Wage in Ontario: Why It Matters - Oct 11 - Oct 12, 2012 - Toronto

The [Income Security Advocacy Centre \(ISAC\)](#) is proud to co-sponsor this upcoming workshop, offered by the Centre for Policy Alternatives – Ontario office. Reserve your space now!

Offered by the Canadian Centre for Policy Alternatives, Ontario office, this workshop considers: What does it take to make a living wage? What role can governments play in ensuring a living wage? How can businesses get engaged in the goal of paying a living wage? What can we learn from Canadian experiences with living wage campaigns?

Place Cara Commons, Ted Rogers School of Management, Ryerson University, 7th Floor, 55 Dundas Street W

Registration <http://www.policyalternatives.ca/registration-ontarios-living-wage-workshop>

Contact CCPA-Ontario Director Trish Hennessy at trish@policyalternatives.ca

Guest speakers include:

- Hugh Mackenzie and Jim Stanford, *Canadian Centre for Policy Alternatives*
- Jaime McEvoy, *City Councillor, New Westminster*
- Michael McCarthy Flynn, *full-time organizer, Metro Vancouver Living Wage campaign*
- Jordan Brennan, *Dept. of Political Science, York University*
- Robert White, *B.R.I. Consultants*
- Kristyn Wong-Tam, *City Councillor, Toronto*
- Kernaghan Webb, *Director, Institute for the Study of Corporate Social Responsibility, Ryerson University*
- Winnie Ng, *Sam Gindin Chair in Social Justice, Ryerson University*
- Sonia Singh, *Workers' Action Centre*
- Dave Tate, *ACORN*
- Kirsten Sutton, *SAP Labs* ... and more!

Space is limited - register now! [Click here to register](#)

Registration <http://www.policyalternatives.ca/registration-ontarios-living-wage-workshop>

Bellwood Health Services: The Many Faces of Addiction 2012 Symposium

October 16 – 17, 2012, 7:30 am - 5:00 pm Ontario Science Centre, 770 Don Mills Road, Toronto

The Many Faces of Addiction Symposium is a dynamic forum for examining the illness of addiction, and exploring treatment, workplace management, and recovery best practices.

At the fourth annual symposium, we will delve into the areas of concurrent trauma/PTSD and substance abuse, Internet and gaming addiction, best practices for managing employees with addiction, and clinical techniques for achieving excellent results.

Take advantage of this opportunity to hear from leaders in the addiction and mental health field, and gain new insights into how to help those who are struggling at home, in the workplace, and in our communities.

For more information, please visit <http://www.bellwood.ca/>

Employment Matters

Knocking Down Barriers to Employment & Moving Forward – a discussion group

- ✓ What happens when a door closes?
- ✓ What is your 'self-talk' when this happens?
- ✓ What are your options to move on?
- ✓ Let's talk about it.

Our next sessions will be September 5th and 19th at 2 pm.

We meet every second Wednesday at Houselink, 1678 Bloor St West (2nd floor, 2 east of Keele subway).

We want to take everyone into our group, but our funder specifies: we require people's SIN; the group must be for people with a disability, who are not receiving Employment Insurance and who are entitled to work in Canada. Please call or email Charna to RSVP 416 516-1422 x 268 or charnago@houselink.on.ca.

Please note our location change from last meeting.

The Workplace Essential Skills Partnership

Are you a professional with a disability? Are you looking for work?

The Workplace Essential Skills Partnership (WESP) is a FREE dynamic cross disability employment program for professional job seekers with disabilities.

- Increase your confidence and grow your network
- Enhance your resume, cover letter, and interviewing skills
- Gain exclusive access to WESP Career Development Sessions
- Access employers hiring qualified candidates with disabilities

Income Supports (ODSP, OW, EI, etc.) are NOT REQUIRED to attend WESP

Registration is now open for Fall 2012 - October 9 – 26 or November 19 – December 14

Contact our Intake Coordinator for more information or to book an intake appointment – self referrals are welcome! 416 486-2500 x 8307 or www.ccrw.org/wesp or wesp@ccrw.org 1929 Bayview Avenue.

THIS PROJECT IS BROUGHT TO YOU BY THE CANADIAN COUNCIL ON REHABILITATION AND WORK (WWW.CCRW.ORG) AND FUNDED BY EMPLOYMENT ONTARIO

Places to go... People to see...

Free and Low-Cost Events for **Sept 1 – 15, 2012**

For TTC information call 416-393-4636 (INFO) or visit the TTC website.

ART

Sat 1 - Sat 29 from 9:00 am – 5:00 pm Mon - Sat. **Folk Tradition of India** by Nidhika Singh. A watercolour exhibition of a traditional folk painting style generally drawn on mud walls in villages by the local artists. Woodside Square Branch, 1571 Sandhurst Circle. 416-396-8979 <http://www.torontopubliclibrary.ca> FREE

Fri 7 Reminder that this is the **deadline for submissions for Touched By Fire**, the Mood Disorders Association of Ontario's annual art show. Check out the website for the exciting news that there's a benefactor this year sponsoring the submission fees for artists! <http://TouchedByFire.ca> The show will take place on November 15th at Cooper's Fine Arts Gallery at Bathurst & Adelaide. More details to follow about the show.

Sat 15 and Sun 16 from 10:00 am – 5:00 pm. **Danforth East Arts Fair** with live music, arts and crafts, kids' activities, pizza and more. East Lynn Park, 1949 Danforth Avenue. deca.arts@gmail.com <http://deca-arts.ca> FREE

BOOKS

Wed 5 from 3:00 - 4:00 pm. **Canadian Authors, eh?** The eh List Author Series is a Canadian new books series. Hear about the new titles on the fall eh list. Previews of books from authors visiting this fall, including Peter Robinson, Emma Donoghue, Susan Swan, Giles Blunt, Vincent Lam, Terry Fallis and Cordilia Strube. Runnymede Branch, 2178 Bloor Street West. 416-393-7697 <http://www.torontopubliclibrary.ca> FREE

Thurs 6 at 7:00 pm. **Authors Ian McKay and Jamie Swift** launch their book *Warrior Nation: Rebranding Canada In An Age Of Anxiety*. Edward Day Gallery, 952 Queen Street West. 416-921-6540 <http://www.edwarddaygallery.com> FREE

Sat 8 to Dec 8. Mon – Fri from 9:00 am – 9:30 pm and Sat from 9:00 am – 5:00 pm. **House in the Woods: Magical Tales of the Brothers Grimm**. An enchanting exhibit of children's books and art marking the 200th anniversary of Grimms' fairy tales. Lillian H. Smith Branch, 239 College Street. 416-393-7746 <http://www.torontopubliclibrary.ca> FREE

Fri 14 from 7:00 - 8:30 pm. CNN political commentator **David Frum** discusses his debut novel, *Patriots*, a satire of why the US political system has so badly failed over the recent few years. [Toronto Reference Library](http://www.torontopubliclibrary.ca), 789 Yonge Street. 416-395-5577 <http://www.torontopubliclibrary.ca> FREE

CIVIC MATTERS

Tues 4 at 1:30 pm. **Making Toronto Senior Friendly**. Consultation on creating a strategic plan for the city, with councillor Josh Matlow. Central Eglinton Community Centre, 160 Eglinton Ave East. 416-392-0511 x 228 <http://www.49st.com/event/making-toronto-senior-friendly#info> FREE

DANCE

Wed 12 and 19 at 7:00 pm. **Triangle Squares**, an LGBTQ Square Dance Club holds an introductory class. Jesse Ketchum School, 61 Davenport Avenue. <http://trianglesquares.com> FREE

FESTIVAL

Fri 7 from 6:00 – 9:00 pm, Sat 8 from 11:00 am – 9:00 pm and Sun 9 from 11:00 am – 6:00 pm. **Taste of the Kingsway Festival.** For the whole family, non-stop entertainment, celebrity chefs, midway rides, dog show, artisans and crafters, clowns, face painters, an auto show plus charity pancake breakfast in support of Out of The Cold. Bloor Street West from Prince Edward to Montgomery 416-239-8243 www.kingswaybia.ca/taste-of-the-kingsway FREE

FILM

Wed 12 at 9:30 pm. **Juan of the Dead.** A horde of zombies causes chaos in post-revolutionary Cuba. **Part of the Caribbean Tales Film Festival.** Studio Theatre, York Quay Centre, 235 Queens Quay West. 416-598-1410

www.caribbeantales-events.com FREE

FITNESS, HEALTH & WELLNESS

Sun 2 at 9:00 am. **LGBT Running Group.** Join Get Out Canada for a group run. Meet at the Church Street Junior Public School, 83 Alexander Street. <http://getoutcanada.com> FREE

FOOD

Fri 7 from 4:00 – 9:00 pm, Sat 8 from noon – 9:00 pm and Sun 9 from noon – 7:00 pm. **Vegetarian Food Festival.** Cooking demonstrations, presentations, workshops, vegetarian food and more. Harbourfront Centre, 235 Queens Quay West. 416-973-4000 <http://festival.veg.ca> FREE

HEALTH & WELLNESS

Thurs 6 from 6:30 - 8:30 pm. **Chronic Pain Management Workshop** for adults & seniors. Improve your understanding of chronic pain management, learn different coping methods and how to take an active role in your pain management. Teaches family members, partners and friends how to support people with chronic pain. Holland Centre, Orthopaedic and Arthritic Centre, 8th floor Auditorium, 43 Wellesley Street near Yonge Street. 416-979-7228 ext. 3657

arthritis.akaraisin.com/cpmw FREE

LEARNING

Sat 1 to Sun 30. Mon – Fri from 9:00 am – 8:30 pm and Sat from 9:00 am – 5:30 pm. **Three Cities within Toronto: Neighbourhood Change.** Exhibit of the highlights of J. David Hulchanski's report on "The Three Cities Within Toronto: Income Polarization Among Toronto's Neighbourhoods: 1970-2005". Includes highlights of United Way's report, "Poverty by Postal Code 2: Vertical Poverty". Also OUTREACH, an award-winning education program designed for underserved youth offer free traditional black and white photography workshops as a means of self-expression. North York Central Library, 5120 Yonge Street. 416-395-5535 <http://www.torontopubliclibrary.ca> FREE

Mon 3 from 1:00 – 4:00 pm. **Thread-By-Thread: A Deconstructing Militarism (Un)Sewing Circle.** An interactive performance and meditation on war, militarism and global industrialization. Fort York, 100 Garrison Road, outside the main gate. hvosters@yorku.ca helenevosters.com FREE

Thu 6 from 6:30 - 8:15 pm. **Home Ownership for Low Income Families.**

Staff from Habitat for Humanity Toronto discusses the organization, the meaning of partnership, qualification criteria and the application process. Malvern Branch, 30 Sewells Road. 416-396-8969 <http://www.torontopubliclibrary.ca> FREE

MUSEUMS

Sun 9 from noon to 5:00 pm GRANDPARENT'S DAY. Children can spend the afternoon in High Park with their grandparents or favourite seniors. Free admission to two seniors, accompanied by a child or youth 4 - 18

years paying regular admission. Colborne Lodge in High Park, at High Park Avenue and Bloor Street West. 416-392-6916 <http://www.toronto.ca/culture/museums/colborne-lodge.htm> \$5 CHILDREN AND YOUTH

MUSIC

Mon 10 from 12:30 - 1:30 pm. **Lunchtime Live!** An outdoor concert with Joshua Panda, country and soul music singer from North Carolina. Yonge Dundas Square at corner of Yonge Street and Dundas Street. 416-979-9960 <http://www.ydsquare.ca> FREE

THE NATURAL WORLD

Sat 8 from 2:00 pm - 5:00 pm. **North York Garden Club's Annual Flower Show With Cafe.** With Australia as the flower arrangement theme and cultural classes that include grasses and shrubs. Edith Vale Community Centre, 131 Finch Avenue West at Yonge Street. 647-296-0402 www.northyorkgardenclub.ca FREE

Mon 10 from 10:00 am - 5:30 pm. **Seniors Day at the Toronto Zoo.** Seniors 65+ receive free admission and a free Zoo mobile ride all day pass. Toronto Zoo, 361A Old Finch Avenue Meadowvale Road near Highway 401. 416-392-5929

www.torontozoo.com Free

SUPPORT

Thursdays at 4:00 pm starting Thurs 6. **Beautiful Girl Initiative.** Teenage girls meet in a safe and friendly environment to discuss issues and challenges. Polycultural Immigrant and Community Services, 3363 Bloor Street West. 416-233-0055 beautifulgirltoronto.wordpress.com FREE

WALKS & PARADES

Sun 2 and Sat 30 at 1:00 pm. **Toronto Laneway Tour.** Walking tour of laneways in Queen West, Trinity-Bellwoods and Little Portugal. Tour starts outside Pizza Pizza on the corner of Queen Street West and Bathurst Street. info@graemeparry.com. <http://graemeparry.com> FREE

Mon 3 starting at 9:30 am. The **Labour Day Parade** celebrates the strength and solidarity of workers. Begins at Queen Street West and University Avenue, travels west along Queen Street West to Dufferin Street and South to the CNE. 416-263-3600 theex.com FREE with free admission to CNE

To subscribe to The Bulletin call the Consumer/Survivor Information Resource Centre of Toronto at 416-595-2882 or email us at csinfo@camh.net.

The Bulletin is published on the 1st and 16th of every month by C/S Info Centre—a Consumer/Survivor Initiative funded by the Ministry of Health and Long-Term Care. It's free to receive. If you don't have email you may receive it by regular mail through the generous support of the Community Support and Research Unit of the Centre for Addiction & Mental Health. www.csinfo.ca www.twitter.com/CSInfoCentre

Disclaimer: The views expressed in articles, opinions and announcements published in the Bulletin do not necessarily reflect those of our funder, the Ministry of Health and Long-Term Care, C/S Info Staff, Volunteers or Board Members.

Mailing Address: C/S Info, c/o CAMH, The Mall, 1001 Queen Street West, Toronto, ON M6J 1H4

If you have a computer now, how about converting to email and doing a favour for our planet? Call The C/S Info Centre at 416 595-2882 or email us at csinfo@camh.net. Your Mother Earth will thank you.

Please Note – Many of the seats are already full - YOU MUST REGISTER TO ATTEND!!

We may be full by event date!

REGISTRATION FORM PREFER Summit 2012

Saturday, September 22nd, 2012 - 10 am – 5 pm

NAME (Please print): _____

ORGANIZATION: _____

ADDRESS: _____ APT.# _____

City: _____ Postal Code: _____

TELEPHONE # _____ Cell: _____

EMAIL ADDRESS: _____

Confirmation will be sent via email upon receipt of registration.

Please fax your registration to 905-780-1960 or by email at prefersummit2012@gmail.com

Further information: Call: Theresa at 647-203-3726

Payment can be mailed to Summit 2012 c/o Krasman Centre, 10121 Yonge Street, Richmond Hill, ON L4C 1T7. Please make cheque payable to Krasman Centre. Thank you.

Directions: Branson Site Directions and Parking

Address: 555 Finch Ave. West, Toronto, Ontario, M2R 1N5

Major Intersection: Finch Avenue West and Bathurst Street

Get to the Branson Site by TTC

- Take the 36 Finch bus and exit Bathurst Street
- Take the 7 Bathurst bus and exit Finch Avenue West

For detailed information on TTC routes, call the Toronto Transit Commission at (416) 393-4636 or go to <http://www.ttc.ca> to plan your trip.

Get to the Branson Site by Car

If you are coming from East to West - Head west on Finch Ave. W past Bathurst St

If you are coming from West to East - Head east on Finch Ave. W past Dufferin St

Parking at the Branson Site

Rates: \$4 for 30 minutes - \$12 daily rate on site. **FREE** Parking is available across the street at the Carnegie Centennial Arena, 580 Finch Avenue West.

The summit poster is on the following page.



Building a Culture of Recovery

A comprehensive education strategy

PREFER

Peer Recovery Education
For Employment & Resilience

PREFER Annual Summit

Saturday, September 22nd, 2012

The Summit is a province-wide conference that enables PREFER participants, consumer/survivors, families, allies and professionals to gather and educate one another, be educated, network and share their experience on peer support.

10:00 am – 5:00 pm

Branson site – North York General Hospital
555 Finch Avenue West*, Auditorium (lower level)

Keynote Speaker: Nora Jacobson Peers as Dignity Workers

How dignity violation and dignity promotion affect individual and collective health and how peers are well-suited to be dignity auditors.

“Setting Limits in Peer Support”

ART! Show & Sale by PREFER participants & consumer survivors Panel Discussion & Guest Speakers & Networking

REGISTRATION: FREE for Consumer/Survivors. There is a \$25.00 fee for professionals, family members and allies. Lunch is included in registration. Details on how to register can be found on the previous page. DIRECTIONS & PARKING INFORMATION ON PREVIOUS PAGE.

Contact us at: prefersummit2012@gmail.com or by telephone @ 647-203-3726

