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#### The Consumer/Survivor Information Resource Centre

Distributed through generous support from CSRU Program (Community Support and Research Unit) of  
CAMH (Centre for Addiction & Mental Health)

# BULLETIN

*Information for consumer/survivors of the mental health system,  
those who serve us, and those who care about us.*

**November 15, 2006**

Bulletin 335

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday

LOCATION: 252 College Street, 3<sup>rd</sup> Floor, Toronto, ON

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## New Team Leader at the Dream Team

The Dream Team's Annual Fund Raising Dinner was held on November 9<sup>th</sup> and was a great success. It was a chance for the community to meet and greet the new Coordinator, Carol Dunphy. An extensive search was done and over 80 resumes were received. Carol was the candidate chosen to lead the organization into the future. Carol is a consumer/survivor and that is so important in leading an organization of consumers. She comes from a housing agency, Habitat, and a long history of working in our community. She has been the ED of A-Way Express Courier and worked at Ontario Council of Alternative Businesses as their Employment Support person with Green Thumb Enterprises. She's a familiar face to many of us. Did you know that the Dream Team has a grant from the Wellesley Institute to study the impacts of social housing on the surrounding neighbourhood? They're in the middle of the research right now.

Of course, there were some very moving speeches by some of the newest members of the Dream Team; there was some comedy from two Second City people and lots of delicious food prepared and donated by Rosie Reisman, the famous chef, cookbook author and TV personality. Her Triple Chocolate Brownies alone were worth the price of admission, but you know me and chocolate.

Here's wishing the Dream Team all the success in the world at their continuing mission towards educating people around the need for supportive and stable housing, and Carol lots of fun and success in her new role.

For more information about the Dream Team check out, [www.thedreamteam.ca](http://www.thedreamteam.ca)

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## WWW. Websites Worth Watching

Advocacy Centre for Tenants, <http://www.acto.ca/english/home.php>

Centre for Equality Rights in Accommodation, <http://www.equalityrights.org/cera/>

## Wish List. Music to Our Ears...

It seems that the musical organ that was offered to give away awakened the musician in a lot of people. We have had so many people requesting it that we have decided to make a general call for musical instruments of all types. If you have a musical instrument that you no longer play that is in good condition and that you would like to give to a consumer/survivor, please contact the centre. If you play an instrument and you would like to see if you could obtain one from a generous person, you call us, too. We'll try to match people and instruments up. None of this will be quick, we imagine. But it may be possible to make a few people very happy.

We've also had two more requests - one for an exercise bike, and one for a recliner (chair). If anyone has either of these two items, and is willing to part with them, please contact the centre. Contact the centre at 416 595-2882 or email us at [csinfo@camh.net](mailto:csinfo@camh.net).



On Thursday, November 9<sup>th</sup> the C/S Information Resource Centre of Toronto presented a Disability Tax Credit Seminar. The seminar was well attended. Some important notes to remember from the seminar. Applying for the Disability Tax Credit (DTC) increases the allowable Non-Refundable Tax Credits for a given year(s). In order to claim this on your income tax you must apply for a Revenue Canada Disability Tax Credit certificate. You can apply for your certificate any time of the year. If you are applying, do not send in your DTC certificate forms with your tax return as it can delay the process 6-8 months. If you do qualify for a DTC but did not claim it in previous years, Revenue Canada will allow you to go back 10 years. If you have any questions regarding the seminar, Revenue Canada provided notes that we can photocopy for you. Contact us at the C/S Info Centre for a copy. For more information, any specific questions regarding your taxes or to get an application form for a DTC certificate contact the Canada Revenue Agency General Inquiries Line at 1-800-959-8281.



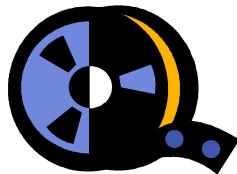
Helen is away on vacation from November 13 - 29<sup>th</sup>. Carolyn will be attending the International Recovery Perspectives Pre-Conference and Conference from November 15<sup>th</sup>-17<sup>th</sup>. We will return any inquiries or correspondence for the C/S Info Centre on Monday, November 20<sup>th</sup>. We apologize for any inconvenience.

In our last issue we asked Agency Subscribers who receive the C/S Info Bulletin by mail to convert their subscription to e-mail, if possible. Thank you to all those who switched over their subscriptions. We still have a number of Agency and Service Providers who receive the Bulletin by post. Please convert your subscription from mail to e-mail so that we can continue to mail the Bulletin to consumer survivors who do not have access to the internet or a computer. To convert your subscription from mail to e-mail contact us at 416 595-2882 or [csinfo@camh.net](mailto:csinfo@camh.net).

**Did You Know...** that by 2010, close to 3 million people in Canada will have Type 2 diabetes? That means that more people will live with diabetes than live in the entire city of Toronto. Type 2 diabetes is the one that used to be called adult-onset diabetes. That term is no longer used because although most people who develop this type are over 40, sometimes it develops in younger people, as well.

**Did you know** that eating sugar does not cause you to develop diabetes? This is a common myth. Weight gain, especially around your middle, increases your risk of developing Type 2 diabetes, but simply eating sugar does not. **Did you know** that many famous people live with diabetes, including Halle Berry and Jackie Robinson?

(Courtesy of Diabetes Education Network of East Toronto) and **Did you know** they offer a **Diabetes Self Management Group for Consumer/Survivors?** Four Monday afternoons from 2:00 – 4:00. The next one starts November 20. Call Denise at 416 469-6580 X3157 to register or for more info.



## Free & Low Cost Events

**Wednesday, November 15<sup>th</sup>**

**Rendezvous with Madness Film Festival. PWYC** (\$2.00 suggested). Afternoon program, SOS 101, presents films about different ways of intervention: one with trained professionals, another with friends and family. What works? What doesn't? Evening program, Mind Maps presents films that speaks to both the physical borders and psychological cartography of places and spaces. Rendezvous with Madness Film Festival continues to Nov. 18<sup>th</sup>. For information on screenings and times contact: 416 583-4606 or [www.rendezvouswithmadness.com](http://www.rendezvouswithmadness.com). Afternoon program, 1:30 pm. Evening program, 7:30 pm.

**Nowhere in Africa Movie (2003). Free.** Afternoon at the Movies presents this love story spanning 2 continents about a Jewish Family that flees the Nazi regime in 1938 for a remote farm in Kenya. Beaches Library, 2161 Queen St. E. Info: 416 393-7703. 2:00 pm.

**Facts Behind Fad Diets Workshop. Free.** Learn the facts about different diet plans and how to manage your weight naturally with Caroline Meyer, ND. High Park Library, 228 Roncesvalles Ave. Info: 416 393-7671. 7:00 – 8:00 pm.

**Boundaries of Free Speech, Tolerance and Belief Debate. Free.** Does Freedom of Speech include the Freedom to Hate? Debate featuring author, journalist Christopher Hitchens. Arrive early, as seating is limited. The Great Hall, Hart House, University of Toronto, 7 Hart House Circle. Info: 416 978-2452 or [www.harthouse.utoronto.ca](http://www.harthouse.utoronto.ca). 7:00 pm.

**Thursday, November 16<sup>th</sup>**

**The Magic of Christmas Show and Sale. \$2.00.** Cedar Ridge Creative Centre presents this event showcasing beautiful quality arts and crafts at reasonable prices. Cedar Ridge Creative Centre, 225 Confederation Dr. Info: 416-396-4026. 12:00 noon – 5:00 pm.



**The Moose Show Festival of the Arts. Free.** Show and sale of unique original art and crafts by well-known Canadian artisans. Continues to Nov. 17<sup>th</sup>. Canadian Broadcast Centre, 250 Front St. W. Info: 416 690-0007 or [www.moseshow.com](http://www.moseshow.com). Thurs. – Fri., 10:00 am – 9:00 pm. Sat., 10:00 am – 5:00 pm.

**Revitalizing Sleeping Beauty Talk. Free.** National Ballet of Canada's wardrobe staff discuss the costume refurbishing of their production of Sleeping Beauty. Richard Bradshaw Amphitheatre, Four Seasons Centre

for the Performing Arts, 145 Queen St. W. Info: 416 363-6671 or [www.coc.ca](http://www.coc.ca). 12:00 noon – 1:00 pm.

**Piano and Cello Recital. Free.** Music by Beethoven and Brahms with Patricia Hiemstra, cello and Mary Van der Vennen, piano. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 2:00 pm.

**Detoxication - Feeling Sluggish and Toxic? Alternative Health Lecture. Free.** Learn about detoxification with Rachel Schwartzman N.D. Room 212, 2<sup>nd</sup> Floor, Carrot Common, 348 Danforth Ave. (entrance by Book City) Info: 416 466-2129 or [www.thebigcarrot.ca/calendar](http://www.thebigcarrot.ca/calendar). 7:00 pm.

#### **Friday, November 17<sup>th</sup>**

**Armchair Travel. Free.** Slide presentation on Lichtenstein and Switzerland with Irwin Patterson. Refreshments served. Auditorium, Hillcrest Library, 5801 Leslie St. Info: 416 395-5830. 1:30 – 3:30 pm.



**Travel Presentation. Free.** Tea and Entertainment presents a talk and documentary film presentation exploring Chile and the Easter Islands. Refreshments served. North York Central Library, 5120 Yonge St. Info: 416 395-5639. 2:00 pm.

#### **Saturday, November 18<sup>th</sup>**

**Leslie St. Spit Walk. Free.** Toronto Field Naturalists Walk explores the birds in the area with leader Carol Sellers. Bring lunch and binoculars. Meet at Leslie St. and Unwin Ave. Info: 416 593-2656 or [www.torontofieldnaturalists.org](http://www.torontofieldnaturalists.org). 10:30 am.

**Space Time Continuum. Free.** A science fiction discussion group. Palmerston Library, 560 Palmerston Ave. Info: 416 393-7680. 12:00 noon – 2:00 pm.

**Swedish Christmas Fair. Free.** Annual holiday fair featuring a variety of Swedish crafts, decorations, baked goods, a Lucia pageant, Swedish folk dancing, singing and more. Fair continues to Nov. 19<sup>th</sup>. Harbourfront Centre. Info: 416 973-4000 or [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com). 12:00 noon – 6:00 pm.



#### **Sunday, November 19<sup>th</sup>**

**Toronto Santa Claus Parade 2006. Free.** Watch the more than 25 floats, 20 musical bands and 1500 costume characters as they parade along the 5.7 km route in this annual celebration of the holidays. Parade travels east along Bloor St. W. to University Ave., south to Queen St. W. and left to Yonge St., finishing at Front and Church Sts. Info: 416 249-7833 or [www.thesantaclausparade.com](http://www.thesantaclausparade.com). 12:30 pm.

**Earthquake Hazards and their Mitigation Lecture. Free.** Royal Canadian Institute Science on Sundays Lecture explores recent developments in earthquake engineering research to provide guidelines for the design in new structures and existing structures. JJR Macleod Auditorium, Medical Sciences Building, University of Toronto, 1 King's College Circle. Info: 416 977-2983 or [www.royalcanadianinstitute.org](http://www.royalcanadianinstitute.org). 2:15 pm.

#### **Monday, November 20<sup>th</sup>**

**Alt Comedy Lounge. PWYC.** Comedy performance showcasing up and coming alternative and untraditional sketch, improv and character pieces. Rivoli, 332-334 Queen St. W. Info: 416 977-5082 or [www.altcomedylounge.com](http://www.altcomedylounge.com). 9:00 pm.

#### **Tuesday, November 21<sup>st</sup>**

**Music Concert. Free.** University of Toronto, Faculty of Music presents this electroacoustic music concert. Richard Bradshaw Amphitheatre, Four Seasons Centre for the Performing arts, 145 Queen St. W. Info: 416 363-6671. 12:00 noon – 1:00 pm.

**Newtonbrook Creek Walk. Free.** The Toronto Field Naturalists Walk with Alexander Cappell. Meet at the southeast corner of Bayview Ave. and Finch Ave. E. The walk will end at Leslie St. and Sheppard Ave. E. 2:00 pm.

**“Light Inside” Architecture Lecture. Free.** Lecture with internationally acclaimed light and space architect and artist James Turrell. Turrell plays with perception and the effect of light within a created space. Hart House, University of Toronto, 7 Hart House Circle. Info: 416 978 2452 or [www.harthouse.utoronto.ca](http://www.harthouse.utoronto.ca). 4:30 pm.

**Wednesday, November 22<sup>nd</sup>**

**Great Expectations Movie (1946). Free.** Afternoon at the Movies presents this David Lean drama based on the Charles Dickens novel about an orphan whose dreams of social advancement are suddenly fulfilled by a mysterious benefactor. Beaches Library, 2161 Queen St. E. Info: 416 393-7703. 2:00 pm.

**Revitalizing you Community Discussion. Free.** Dufferin Grove Park is a “community without a roof”. Why does it work and how can you make a difference in your own community? Hart House, University of Toronto, 7 Hart House Circle. Info: 416 978 2452 or [www.harthouse.utoronto.ca](http://www.harthouse.utoronto.ca). 6:00 pm.

**Understanding Ayurveda: the Medical Tradition of Yoga Alternative Health Lecture. Free.**

Learn the secrets of this ancient healing tradition from India including diet, exercise relationships and climate appropriate to your constitution with Matthew Remski, RYT, AHE, YT from the Renaissance Yoga Studio. Room 212, 2<sup>nd</sup> Floor, Carrot Common, 348 Danforth Ave. (entrance by Book City) Info: 416 466-2129 or [www.thebigcarrot.ca/calendar](http://www.thebigcarrot.ca/calendar). 7:00 pm.

**Cosmetic Acupuncture: Keeping Young in Body, Mind and Spirit Workshop. Free.** Explore how Chinese medicine can be used to reduce signs of facial aging while improving your overall health with Gosia Pacyna, DAc. And Jon Domingues, DAc. High Park Library, 228 Roncesvalles Ave. Info: 416 393-7671. 7:00 – 8:00 pm.

**Thursday, November 23<sup>rd</sup>**

**Music Recital. Free.** The National Ballet of Canada Orchestra presents this recital featuring Dvorak's work, the American Quartet and a suite of Canadian folksongs. Richard Bradshaw Amphitheatre, Four Seasons Centre for the Performing arts, 145 Queen St. W. Info: 416 363-6671. 12:00 noon – 1:00 pm.

**Stalingrad Movie (1995). Free.** Afternoon at the Movies presents this historical drama set in 1942 WW2. German with English subtitles. Auditorium, Room B, Barbara Frum Library, 20 Covington Rd. Info: 416 395-5440. 2:00 pm.

**John McCrae's War in Flanders Field Film. Free.** National Film Board of Canada historical documentary film. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 2:00 pm.

**Storytelling Workshop. Free.** Learn the art of storytelling with Dan Yashinsky. Oakwood Village Library and Art Centre, 341 Oakwood Ave. Info: 416 394-1040. 6:30 – 8:15 pm.

**Friday, November 24<sup>th</sup>**

**Diabetes Presentation. Free.** Novel Factors in the Development of Type 2 Diabetes: Insights from a Population at Risk with Dr. Ravi Retnakaran, Endocrinologist, Mount Sinai Hospital. Auditorium, 2<sup>nd</sup> Floor, West Wing, Toronto Western Hospital, 399 Bathurst St. Info: 416 603-6277. 12:30 – 1:30 pm.

**Dogs of the Midnight Sun Film. Free.** Canadian Geographic documentary film explores the Canadian Inuit Husky. Refreshments served. North York Central Library, 5120 Yonge St. Info: 416 395-5639. 2:00 pm.

**Toronto Renaissance City Talk. Free.** Toronto and the Library – Rebirth. A conversation with architect Raymond Moriyama with his partner and son, Ajon Moriyama on the revitalization of the Toronto Reference Library. Toronto Reference Library, 789 Yonge St. Info: 416 393-7131 or [www.torontopubliclibrary.ca](http://www.torontopubliclibrary.ca). 6:00 pm.

**Kung Fu Friday Films Free.** CINSSU presents an evening of Kung Fu films. Innes College Town Hall, 2 Sussex Ave. Info: 416 978-7434 or [www.cinssu.ca](http://www.cinssu.ca). The Flirting Scholar (1993), 7:00 pm. Second movie to be announced, 8:50 pm.

**Chicken Little Movie. Free.** Animated film for all ages based on the classic story. Parkdale Library,

1303 Queen St. W. Info: 416 393-7686. 6:00 pm.

### **Saturday, November 25<sup>th</sup>**

**Lost Mountain of Gold Walk. Free.** Toronto Green Community and Lost Rivers Walk with leaders Ed Freeman and Ian Wheal. Meet at the northeast corner of Scarlett Rd. and Eglinton Ave. W. Info: 416 593-2658 or [www.torontofieldnaturalists.org](http://www.torontofieldnaturalists.org). 2:00 pm.

**Cavalcade of Lights Opening Celebration. Free.** Celebration includes: ice skating; entertainment with local musicians Joel Plaskett, Jacksoul, Divine Brown, Sharon Riley and Faith Chorale; "Immersion", a light projection show; lighting ceremony of the Holiday Tree; fireworks finale and more. The Cavalcade of Lights city wide lighting display continues to December 31<sup>st</sup>. For information on this event and map of participating locations contact: 416 338-0338 or [www.toronto.ca/special\\_events/calvalcade\\_lights](http://www.toronto.ca/special_events/calvalcade_lights). 7:00 pm.



### **Sunday, November 26<sup>th</sup>**

**PhACS Walk/Run Group. Free.** Consumer Survivor walk/run group has a 3-5km circuit. Meet at the Riverdale Perk, 633 Logan Ave. (at Withrow) Info: 416 604-6973 or [www.accentonability.org](http://www.accentonability.org). 10:00 am.

**Winter Artfest 2006. \$2.00.** Original art and craft show featuring one-of-a-kind gifts such as jewellery, stained glass, wooden toys, textiles and more. Music and activities for everyone. Neilson Park Creative Centre, 56 Neilson Dr. Info: 416 622-5294 or [www.neilsonparkcreativecentre.com](http://www.neilsonparkcreativecentre.com). Sun., 10:00 – 4:00 pm.

### **Monday, November 27<sup>th</sup>**

**CBC Museum and Graham Spry Theatre. Free.** Museum celebrates the 70 year history of the Canadian Broadcasting Corporation (CBC). On current exhibit, Growing Up with the CBC. Continuous screenings from the archives. CBC, 250 Front St. W. Info: 416 205-5574 or [www.cbc.ca/museum](http://www.cbc.ca/museum). 9:00 am – 5:00 pm.

### **Tuesday, November 28<sup>th</sup>**

**Piano Concert. Free.** Pianist Ben Cruchley presents Chopin's Impromptus as well as Shostakovich's 2<sup>nd</sup> Piano Sonata. Richard Bradshaw Amphitheatre, Four Seasons Centre for the Performing Arts, 145 Queen St. W. Info: 416 363-6671. 12:00 noon – 1:00 pm.

**Beyond Sherlock Holmes Reading Group. Free.** Explore a variety of early detective fiction writers from the Library's Arthur Conan Doyle Collection. Deer Park Library, 40 St. Clair Ave. E. Info: 416 393-7657. 2:00 pm.

**Aging and Memory: Downhill All the Way Lecture. Free.** Lecture with Fergus Craik, Department of Psychology, Faculty of Arts and Science, University of Toronto. George Ignatieff Theatre, 15 Devonshire Pl. Info: 416 946-5937 or [www.artsci.utoronto.ca](http://www.artsci.utoronto.ca). Doors open, 6:30 pm. Lecture, 7:30 pm.

### **Wednesday, November 29<sup>th</sup>**

**Short Story Workshop. Free.** A workshop discussing the conventions of short story writing with Toronto Public Library Writer-in-Residence, Rabindranath Maharaj. Toronto Reference Library, 789 Yonge St. Info: 416 395-5577. 1:00 – 4:00 pm.

**Memories of Toronto's Waterfront Talk. Free.** An illustrated historical talk with Shirley Hartt. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 7:30 pm.

### **Thursday, November 30<sup>th</sup>**

**Opera Performance. Free.** Opera Division of University of Toronto presents, Enter Alabanians: The Art of Operatic Disguise. A program inspired by operatic disguises including some arias and ensembles from Così fan tutte, Le nozze di Figaro, Don Giovanni, Falstaff and more. Richard Bradshaw Amphitheatre, Four Seasons Centre for the Performing arts, 145 Queen St. W. Info: 416 363-6671. 12:00 noon – 1:00 pm.

**Central Waterfront Nature Walk Free.** Toronto Field Naturalists Nature Walk with leader Helen Juhola. Meet at the southeast corner of Bathurst St. and Queen Quay W. Info: 416 593-2656 or [www.torontofieldnaturalists.org](http://www.torontofieldnaturalists.org). 1:30 pm.

**Windsong Concert. Free.** A recital of music for wind instruments. Northern District Library,

40 Orchard View Blvd. Info: 416 393-7610. 2:00 pm.

**Remedies to Ease the Holiday's with an Introduction to North America Flower Essences Alternative Health Lecture. Free.** Learn how to use the wild plants from our area and common garden plants as Flower Essences with Cranial Bodyworker, Linda Rose. Room 212, 2<sup>nd</sup> Floor, Carrot Common, 348 Danforth Ave. (entrance by Book City) Info: 416 466-2129 or [www.thebigcarrot.ca/calendar](http://www.thebigcarrot.ca/calendar). 7:00 pm.

## Announcements

### Rendezvous with Madness Film Festival continues to November 18, 2006

**PWYC (\$2.00 suggested) admission for screenings**  
For information on times and screenings contact: 416 583-4606 or  
[www.rendezvouswithmadness.com](http://www.rendezvouswithmadness.com)

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### Jean Simpson Studio Interviews

Interviews are being held on **November 21, 2006** for any artist who receives services from CAMH and would like to apply for a space in the Jean Simpson Studio. The next session will begin on December 4, 2006, for a 4 month period. A peer jury will select 5 artists. Interested applicants must bring a completed application form, resume samples of work and/or portfolio and a signed Code of Conduct form to the interview.

**For more information and an application package,  
contact Cheryl Saracini at 416 583-4339 ext. 3164**

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### Toronto Region O.D.S.P Action Coalition Meeting for all interested in advocating for change to O.D.S.P. Legislation and Policies

#### Agenda includes:

- Changes to website • Update of Provincial Strategy Meeting • Update - Action Against Poverty Rally

**Friday November 24, 2006  
519 Church St. Community Centre**

**RSVP: [torontodisabilityaction@yahoo.ca](mailto:torontodisabilityaction@yahoo.ca) or just show up!!**

**For more information contact Catherine Manson, 416 441-1763, ext. 31**

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**Beyond Hip. SENSATION!  
The art and crafts of the Sound Times Arts Collective  
offered for your seasonal shopping delight.**

**At the Cabbagetown Community Centre for the Arts,**

454 Parliament Street just south of Carlton.  
December 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup>.

Thursday 1:00-5:00 pm, Friday 1:00-7:00 pm., Saturday 1:00-5:00 pm.  
Reception: Saturday December 9<sup>th</sup> at 2:00 pm.  
All Welcome. Free.

The Mood Disorders Association of Ontario (MDAO) presents,  
**“Stand up for Mental Health” Showcase**

Stand Up For Mental Health teaches people with mental illness to take control by turning their problems into comedy! Led by Michael Cole, Stand Up for Mental Health aims to reduce public stigma around mental illness and spread a message of hope and empowerment.

**When:** Wednesday, December 6, 2006 at 7:00 pm

**Where:** Room 200, 40 Orchard View Blvd. (one block north of Eglinton Ave. and Yonge St.)

**Admission is free. For more information contact: 416 486-8046**

\*\*\*\*\*  
The Mood Disorders Association Ontario (MDAO) is starting a new program,

### **Drumming to Your Own Beat !**

Instructions by Zephie of the Amazing Parkdale Drummers

- No experience necessary • Limit of 12 students • Drums, maracas and cowbells provided

**The group will meet on Tuesday Nights from January 9 – March 13, 2007**  
(there will be no class on March 6, 2006)

**For more information contact Donna at 416 486-8046 or [donna@mooddisorders.on.ca](mailto:donna@mooddisorders.on.ca)**

**Wellness and Recovery Newsletter** – Our fourth issue of the quarterly publication that CRCT – Community Resource Connections of Toronto – and the C/S Info Centre cooperate on will be sent out in December. It's free to receive by mail or email, but you have to tell us you want it. If you haven't already, call us at 416 595-2882 or email us at [csinfo@camh.net](mailto:csinfo@camh.net) to be put on the subscribers' list.

## **Research**

The Bulletin does not endorse or recommend any of these research studies. We are posting them here for your information only. Please make your own choices as to whether to participate in any of the studies we post.

**Volunteers diagnosed with Schizophrenia or Schizoaffective Disorder currently taking Clozapine or Risperidone are needed for Gene Expression in Schizophrenia and Psychosis Study.**

**Study Goals:** The study explores genetic and biochemical factors that might influence the risk of schizophrenia and psychosis. Goals include developing a technology to detect very early stages of disease, monitor disease progression and assess response to specific therapeutic approaches.

Researchers hope findings from the study will lead to diagnostic tests for schizophrenia and other mental illnesses that will improve clinical care.

**Description:** A blood sample of approximately 2 tablespoons (30 ml) from your arm; an interview (1-2 hours) with a trained research assistant about your mood, thinking and experiences

**Participation:** Adult male and females 18-60 years of age, currently taking Clozapine (Clozapril) or Risperidone (Risperdal) may participate. The following criteria must be met: competence to provide informed consent; no history of head trauma; no diagnosis of substance abuse; individual must not be currently taking any other medications (other than Clozapine or Risperidone); vitamins and supplements are allowed.

For details contact, Mawahib Semeralul 416 710-6814 E-mail [mawahib.semeralul@utoronto.ca](mailto:mawahib.semeralul@utoronto.ca)

## Training Opportunities

Are you ...

- a person with a disability
- interested in starting your own business
- are eligible for ODSP Employment Supports?

Then find out more about the (TBDC) Toronto Business Development Centre's "**BIZ Futures**" program. This Self Employment Development Program is designed to accommodate people with disabilities and provides business skills development and counselling.

The next information sessions will be held at the  
Toronto Business Development Centre, 1071 King St. W. on November 20<sup>th</sup> or 22<sup>nd</sup>, 2006

For more information and to register contact: Maureen Kelly at 416 345-9437, [mkelly@tbdc.com](mailto:mkelly@tbdc.com).

## Job Postings

### Driver Delivery Person wanted for the Raging Spoon Catering

**Hours:** Part Time/Casual/Flexible hours. **Salary:** \$9.50/ hour (start)

**Qualifications:** must be a consumer/survivor; class G Licence (with no restrictions).

**To apply:** fill out an application at the Raging Spoon Catering, 761 Queen St. W. (west of Bathurst St.) **For more information contact:** Michael at 416 504-6128

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### Family Early Intervention Worker Focus in Scarborough

The Family Outreach and Response Program (FOR) is a community mental health program that supports and educates families who have a relative recovering from serious mental health issues. This new program focuses on families who have young adult relatives at the beginning stages of their mental health issues and recovery.

The primary focus of this position will be to develop comprehensive outreach, education and support strategies for connecting and engaging with families from diverse communities. You will be a person that works well independently but also has the ability to network effectively with community agencies and other early intervention mental health programs and community resources.

**Qualifications include:** experience in program development; personal family experience an asset; experience in counseling and supporting diverse families particularly from newcomer communities; a minimum of 5 years of experience in mental health and knowledge about early intervention; knowledge and experience using a recovery approach; experience in group work and implementing education and support

programs; works within an anti-oppression framework; strong verbal and written skills; another language an asset; good computer skills; must have a vehicle; ability to work flexible hours including some evenings; a degree in Social Work or equivalent.

**Salary range:** \$47,000 to \$52,000 plus benefits. **Deadline:** **Monday, November 20, 2006**

**Please e-mail only resume to:** [karyn\\_baker@familymentalhealthrecovery.org](mailto:karyn_baker@familymentalhealthrecovery.org)

**For more information contact:** [www.familymentalhealthrecovery.org](http://www.familymentalhealthrecovery.org)

*Only successful candidates will be contacted.*

## **The Dream Team**

Would you like to be part of an organization that is working to reduce homelessness for the mentally ill? The Dream Team needs your dedication and skills.

**Part Time Administrative Assistant** (16 hours/week). **To begin December 1, 2006** or earlier.

**Salary:** \$18.00/hour.

**Nature and Scope:** The Administrative Assistant must develop a good working knowledge of the daily operations of the Dream Team including: filing systems, computerized files, print and visual resources and office procedures. The Administrative Assistant must be able to prioritize and organize the work effectively. The incumbent must occasionally be able to work outside of regular office hours. The position reports to the Coordinator.

**Knowledge and Ability Required.** This position requires: strong computer skills for database management, web-site management and word processing; excellent written and verbal communication skills; strong organizational and interpersonal skills; ability to work independently, take initiative and set priorities.

**Specific Accountabilities.** **A.** Ensure office administration needs are met by: organize a computerized database of mailing lists, of Dream Team members, agencies and supporters; prepare correspondence when required; maintain computer equipment and contracts and organizational correspondence; maintain stock of office supplies; ensure Dream Team members are kept informed through distribution of minutes, reports and telephone calls when necessary. **B.** Assist the Coordinator in various administrative aspects of program management including: preparing memos and letters, data entry, filing and other related administrative tasks. **C.** Ensure the smooth running of the office and attend to the quality of work done in specific areas: provide administrative support for fundraising and assist with mailings to individuals, corporations, foundations and other related duties; ensure all office equipment is in good working order; attend to voice mail and ensure all phone calls are answered promptly and take any action when necessary. **D.** Maintain the organization's database of membership, staff, and fundraising lists. **E.** Provides back up support for the Coordinator by assisting in preparation of budgets and performing tasks as requested including in the coordinator's absence setting up, attending meetings and taking minutes. **F.** Organizational tasks and activities include: participate in committees and other Dream Team activities when needed; perform other duties as requested from time to time by the Coordinator.

Apply by **mail only by November 18, 2006**

(stating how your qualifications and experience meet the job description) to:

The Dream Team, 720 Spadina Ave. Suite 316, Toronto, ON M5S 2T9

**For a full job description check out the posting on:** [www.charityvillage.ca](http://www.charityvillage.ca).

*No Phone Calls, Faxes or E-mails please. We thank all applicants for their interest but regret that only those selected for an interview will be contacted. Applications are encouraged from psychiatric consumers/survivors, people with disabilities, aboriginal people, women and people of colour*

## **North York Women's Centre**

**CO-FACILITATOR: WOMEN'S SUPPORT GROUP**

**Qualifications:** specialized education and experience in violence against women, utilizing a feminist,

anti-oppression analysis; and a minimum of two years experience in-group counselling, preferably with women who are survivors of abuse.

This is contract position for a total of \$1,250, based on 50 hours at \$25 per hour. This group is scheduled to run in the Spring of 2007, likely on Saturday afternoons from 1:00 pm - 3:00 pm

Please apply in writing by **10:00 a.m. on Monday, November 27, 2006** to: Group Facilitator Hiring Committee, North York Women's Centre, 201 Caribou Road, North York, Ontario M5N 2B5 or Fax: 416.781.3822, Email: [info@nywc.org](mailto:info@nywc.org)

*Applications from women in marginalized communities encouraged. Only candidates short-listed for an interview will be contacted.*