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**The Consumer/Survivor Information Resource Centre**

Distributed through generous support from CSRU Program (Community Support and Research Unit) of  
CAMH (Centre for Addiction & Mental Health)

# **BULLETIN**

*Information for consumer/survivors of the mental health system,  
those who serve us, and those who care about us.*

**February 15, 2006**  
Bulletin 317

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday

LOCATION: 252 College Street, 3<sup>rd</sup> Floor, Toronto, ON

MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8

TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: [csinfo@camh.net](mailto:csinfo@camh.net)

## **Here's Where I Turn for Help ... part 2**

### **We received this submission about Friends and Advocates.**

For years, I had been going from psychiatrist to psychiatrist trying to find one who would be a "good fit" to help me with my OCD. One suggested group therapy at a hospital and I tried it. I think I came out worse when I left that group than when I went in. Circumstances finally led me to the Friends and Advocates Centre. What a difference my experience has been there. The people there are so empathetic (staff included, as some of them have "mental health issues" of their own), non-judgmental, friendly, kind-hearted and understanding. The members themselves share their experiences with each other and support each other. There are opportunities to volunteer at "F&A" as well, where members can earn the transportation subsidy money from Ontario Works by doing office work, maintenance, answering phones etc. thus giving us a sense of being productive and contributing towards the operation of the centre. By Kathy A.

Friends and Advocates is a drop-in and community mental health program run by consumer/survivors in Etobicoke. They're at 2340 Dundas Street West Suite G27 and are open Monday to Friday 9:00 am to 5:00 pm with some activities planned for the weekend as well. 416 234-9245.

We are continuing our series on where you turn for help. Please tell us about your favourite. If we publish your submission, you could receive a gift certificate from Tim Horton's.

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Free to Subscribe !!

The Bulletin now goes out to about 775 email addresses and 470 mail addresses. If you are not already getting the Bulletin regularly, you can receive it free, via mail or email. Just call us and add your name to the list 416 595-2882, or email [csinfo@camh.net](mailto:csinfo@camh.net).

# Newsbytes

## Newsbytes

can be found at [www.crct.org](http://www.crct.org) the website of  
Community Resource Connections of  
Toronto

### Free & Low Cost Events

#### Wednesday, February 15<sup>th</sup>

**Disordered Eating Information Session. Free.** Free Information Session will explain how to identify and address underlying hormonal physiological, mental and emotional issues that contribute to disordered eating. By treating the cause of disordered eating, a healthier relationship with food can be cultivated. Canadian College of Naturopathic Medicine, 1255 Sheppard Ave. East (Leslie Subway). Info: 416 498-1255 Ext. 263 or [www.ccnm.edu](http://www.ccnm.edu). 6:00 pm.

**This is not a Reading Series Celebration of African Heritage Month Event. Free.** Afua Cooper, author of The Hanging of Angelique: The Untold Story of Canadian Slavery and the Burning of Old Montreal, in conversation with poet, George Elliott Clark. Followed by live Afro-Portuguese music. Gladstone Hotel Ballroom, Gladstone Hotel, 1214 Queen St. West. Info: 416 598-1447. 7:00 pm.

**Diaspora Dialogues Reading. Free.** Diaspora Dialogues presents readings and discussion by writers Joseph Kertes, Robert Carr and J. Nichole Noel. Evening will be hosted by Saturday Night Live Alumni Robin Duke. Palmerston Library, 560 Palmerston Ave. Info 416 944-1101 Ext. 227 or [www.diasporadialogues.com](http://www.diasporadialogues.com). 7:00 pm.

#### Thursday, February 16<sup>th</sup>

**High Fidelity Movie. Free.** Afternoon at the movies, Tall, Dark and Handsome February feature: High Fidelity. Barbara Frum Library, 20 Covington Road, Room B. Info: 416 395-5440. 2:00 – 4:30 pm.

**Two Tone Jazz Music. Free.** The Bata Museum Steppin' Out Thursday presents Juno Award winner Andrew Downing. This unique sound fuses chamber jazz influenced by world music, folk and cabaret. Bata Shoe Museum, 375 Bloor Street West. Info: 416 979-7799 Ext. 242. Open admission 5:00 – 8:00 pm. Music begins 6:30 pm.

**Health and Wellness Lecture - What are the miracles on our planet? Free.** Explores some of the amazing miracle foods that exist on our planet today and learn how to stay healthy, happy and well-balanced. Room 212, 2<sup>nd</sup> Floor, Carrot Common, 348 Danforth Ave. (entrance by Book City). Info: 416 466-2129. 7:00 pm.

#### Friday, February 17<sup>th</sup>

**Armchair Travel. Free.** Slide presentation with raconteur Irwin Patterson. Intermission refreshments served. Hillcrest Library Auditorium, 5801 Leslie St. Info: 416 395-5830. 1:30 – 3:30 pm.

**Canada Reads Event - Gear up for the Battle of the Books. Free.** Toronto Public Library and CBC Radio 99.1 (cbc.caToronto) host a special evening with Matt Galloway hosting this celebration of great books on this year's Canada Reads shortlist. Featured guests will include actor Cara Pifko, author Joseph Boyden, sex show host Sue Johanson and enjoy a performance by actor Gordon Pinsent as poet, Al Purdy. Toronto Reference Library, 789 Yonge St. Info: 416 395-5577. 7:00 – 8:00 pm.

**So This Is Paris Movie. Free.** CINSSU at University of Toronto presents this 1926 silent romantic comedy short by director Ernest Lutischs. Live music by The Lollipop People. Innis College Town Hall, 2 Sussex Ave. Info: 416 978-7434 or [www.utoronto.ca/fff](http://www.utoronto.ca/fff). 7:00 pm.

**Saturday, February 18<sup>th</sup>**

**Bathurst / College Area Walk. Free.** The North Toronto Green Community and Toronto Field Naturalists walk along Bathurst Street, Country Lane to Military Place d'Armes. Explores the Bathurst streetscape: lost ponds and creeks (Russell & Garrison), 1911 flood and an overflow sewer with leader, Ian Wheal. Meet at SW corner College and Bathurst Streets. Info: 416 781-7663 or [www.lostrivers.ca/WalkSchd.htm](http://www.lostrivers.ca/WalkSchd.htm). 2:00 pm.

**Collecting and Curating African Art Talk. Free.** In celebration the current show, Perspectives: An Exhibition of African Canadian Art, the NFB Mediateque hosts a talk with Pamela Edmunds interviewing Kenneth Montague on collection and curating African Art. Exhibition runs to March 11. National Film Board of Canada, Mediateque, 150 John St. Info: 416 973-3012. Exhibition open Saturdays 10:00 am – 10:00 pm. Talk begins 7:00 pm.

**Sunday, February 19<sup>th</sup>**

**Queen Street to the Market Walk. Free.** The North Toronto Green Community and Toronto Field Naturalists walk along city streets, across Court Creek and ending at the Market Gallery. Learn about Court Creek and the area along the early waterfront with leader Ed Freeman. Meet at the Corner of Bay and Queen St. West. Info: 416 781-7663 or [www.lostrivers.ca/WalkSchd.htm](http://www.lostrivers.ca/WalkSchd.htm). 1:30 pm.

**Storytelling Event – Story City. Free.** Adwoa Badoe uses storytelling, dance, and hand drums to weave tales from Africa to the Caribbean at this event as part of the Keep Toronto Reading Events for the family. North York Central Library, Concourse, 5120 Yonge St. Info: 416 395-5535 or [www.keeptorontoreading.ca](http://www.keeptorontoreading.ca). 2:00 – 3:00 pm.

**Sugar Art Competition Display. Free.** The East End Cake Decorators Club's Third Annual Juried Sugar Art Competition. There are three categories: beginners, intermediate or advanced. There is a \$5 fee/entry. Viewing is free. St. Margarets-in-the Pines Church, 4130 Lawrence Ave. East (at Kingston Road). Info: 416 287-6483. 2:00 – 4:00 pm.

**Monday, February 20<sup>th</sup>**

**Recreational Community Swim. Free.** Enjoy swimming during this open recreational swim for the community. Parkdale Community Recreational Centre. 75 Lansdowne Ave. Info: 416 392-6696. 5:30 – 6:30 pm.

**Tuesday, February 21<sup>st</sup>**

**Rabbit Proof Fence Movie. Free.** Afternoon at the Movies presents this Australian film based on a true story about three young girls' journey home. Beaches Library, 2161 Queen St. East. Info: 416 393-7703. 2:00 pm.

**Tsunami Poetry Reading. Free.** Art Bar presents a reading by the authors of Only the Sea Keeps: Poems of the Tsunami. The Victory Café, 581 Markham St. Info: 416 516-5787 or [www.artbar.org](http://www.artbar.org). 8:00 pm.

**Wednesday, February 22<sup>nd</sup>**

**Diaspora Dialogues Reading. Free.** Diaspora Dialogues presents feature readings by writer Wayson Choy, poet Pamela Mordecai and writer and storyteller, Anna Kerz. Palmerston Library, 560 Palmerston Ave. Info 416 944-1101 Ext. 227 or [www.diasporadialogues.com](http://www.diasporadialogues.com). 7:00 pm.

**The Perm Show. Free.** Discover art works from the permanent collection at MOCCA (Museum of Contemporary Canadian Art). Over 400 pieces by 150 contemporary Canadian artists are in house including: Stephen Andrews, Edward Burtynsky, Betty Goodwin, Patterson Ewen and many more. Exhibition continues to March 26<sup>th</sup>. MOCCA, 952 Queen St. West. Info: 416 395-7430 or [www.mocca.toronto.on.ca/](http://www.mocca.toronto.on.ca/). Open Tuesdays through Sundays from 11:00 am – 6:00 pm.

**Thursday, February 23<sup>rd</sup>**

**Prospect Cemetery Walk. Free.** Toronto Field Naturalists walk explores the trees in the winter in Prospect Cemetery. Contact Toronto Field Naturalist for location and meeting time 416 593-2656 or [www.torontofieldnaturalists.org](http://www.torontofieldnaturalists.org)

**Mysteries in the Beach. Free.** A book talk for those who love to read mysteries. Beaches Library, 2161 Queen St. East. Info: 416 393-7703. 2:00 pm.

**Health Restructuring and the LHINs Town Hall Meeting. Free.** The McGuinty government's proposed Bill 36 ushers in a new period of major restructuring in healthcare. The Bill will give the government the power to merge, transfer funding, contract out and reorganize health care services. Come to this meeting to share ideas and thoughts, discuss the impact of the legislation and what we can do as individuals in response to the proposed legislation and restructuring. Northern District Library, Room 200, 40 Orchard View Blvd. (West of Yonge, one block north of Eglinton) 5:30 pm.

**Hatha Yoga Class. Free.** Learn physical poses, breathing and meditation techniques of Hatha Yoga. Dress comfortably. Arrive early, as spaces are limited. John Innes Community Centre, Dance Studio, 150 Sherbourne St. Info: 416 392-0751. 6:30 – 8:30 pm.

**Friday, February 24<sup>th</sup>**

**Cult Night Triple Bill Movies. Free.** CINSSU at the University of Toronto presents the cult classics, Half Baked (1998), The Big Lebowski (1998) and The Rules of Attraction (2002). Innis College Town Hall, 2 Sussex Avenue. Info: 416 978-7434 or [www.utoronto.ca/fff](http://www.utoronto.ca/fff). Screenings 7:00 pm, 8:30 pm, and 10:30 pm.

**Book Reading Event - Beyond Exile. Free.** Exiled writers from three different countries will read from their works, talk about their struggles and joys and how they came to call Toronto home. They will be introduced by journalists Jian Ghomeshi, Christopher Waddell and Haroon Siddiqui. John Ralston Saul hosts. Toronto Reference Library, 789 Yonge St. Info: 416 395-5577. 7:00 – 9:00 pm.

**Saturday, February 25<sup>th</sup>**

**In Transit Photo Exhibition. Free.** In Transit explores the everyday beauty and shared experiences that brings life to our busses, streetcars and subways. Exhibition continues to February 28<sup>th</sup>. Toronto Free Gallery, 660 Queen St. E. Info: 416 913-0461 or [www.spacing.ca/intransit/](http://www.spacing.ca/intransit/). Wednesday to Saturday 11:00 am to 6:00 pm.

**Yoga and Meditation. Free.** Learn gentle physical exercises, breathing techniques and meditation techniques. Bring your own mat. College Shaw Library, 766 College Street. Info: 416 393-7668. 10:30 – 12:00 noon.

**Sunday, February 26<sup>th</sup>**

**High Park Hike. Free.** The Toronto Bruce Trail Club's brisk winter hike through Toronto's High Park and along the lake towards Humber. Meet at the High Park subway (exit towards High Park). Dress warmly. Info: 416 763-9061 or [www.torontobrucetrailclub.org](http://www.torontobrucetrailclub.org). 1:00 pm.

**Storytelling Event - Story City. Free.** The Barbara Frum Library hosts storyteller Jeffrey Canton with tales for all ages. Barbara Frum Library, Room B, 20 Covington Rd. Info: 416 395-5440 or [www.torontokeepreading.ca](http://www.torontokeepreading.ca). 2:00 – 3:00 pm.

**Monday, February 27<sup>th</sup>**

**U of T, St. George Campus Tour. Free.** Visit one of the oldest universities in Canada in this walking tour of the University of Toronto, St. George Campus in downtown Toronto. University of Toronto, 25 King's College Circle. Meet on the West side of the circle at the Nona Macdonald Visitor's Centre. Info: 416 978-5000. 11:00 am and 2:00 pm.

**Scarborough Historical Society Talk - Nothing More Comforting. Free.** A talk on Canada's Heritage Food by Dorothy Duncan. Bendale Public Library, 1515 Danforth Rd. (at McCowan Rd. south of Lawrence Av. East). 7:30 pm.

**Tuesday, February 28<sup>th</sup>**

**Whale Rider Movie. Free.** Afternoon at the Movies presents this story about a girl who overcomes social traditions in a small Maori village. Beaches Library, 2161 Queen St. East. Info: 416 393-7703. 2:00 pm.

**The Art of Dance Movement. Free.** Raven Crow, author and instructor of Ty Belly Fusion techniques, presents an exercise program on the power of movements as healing therapy. Eatonville Library, 430 Burnhamthorpe Rd. Info: 416 394-5270. 6:30 – 8:00 pm.

**Writer In Residence Discussion. Free.** Chester Brown, comic book artist and writer will talk on how he uses the story of his own life and work as it relates to graphic novels and publishing. North York Central Library, Room 2, 5120 Yonge Street. Info: 416 395-5639. 7:00 pm.

## Announcements

# \$\$\$\$\$\$\$\$\$ Did you know ??? \$\$\$\$\$\$\$\$\$\$

The minimum wage in Ontario went up on February 1<sup>st</sup> 2006. The general minimum wage is now \$7.75 per hour (up from \$7.45); for students under 18 and not working more than 28 hours per week, it's \$6.95 an hour; for liquor servers, it's \$6.50 an hour and for homeworkers, defined as people doing paid work in their home for an employer, it's 110% of minimum wage. If your employer is paying you less than the minimum wage, you can call the Ontario Ministry of Labour, Employment Standards Branch at 1 800 531-5551. Staff are available from 8:15 to 5:00 pm from Monday to Friday.



### **Do well, do good....AND win fabulous prizes at A-Way Courier's inaugural**

**ON-LINE AUCTION.** A-Way is a not for profit business dedicated to providing meaningful employment and self respect for individuals with mental illness. You'll do well by winning terrific prizes; and you'll do good by supporting an organization that betters vulnerable lives.

From now until March 31, visit [www.awaycourier.ca](http://www.awaycourier.ca), follow the auction page links; then bid to win over two dozen terrific sports- related prizes.

How about a night in a centre ice private box hosted by former Maple Leaf Great Ron Ellis?

Golf more your game? Check out TaylorMade and Nancy Lopez clubs.

Carve up the trails at Georgian Peaks courtesy of guest passes to one of Ontario's most exclusive private ski clubs.

Watch the Jays give the Yankees a Bronx cheer.

Kick up your heels at a one week All Sport holiday package at Camp Madawaska.

Relax and admire an all player autographed stick from the 1972 Team Canada game.

Show a client how much you care with a unique gift of a Wayne Gretzky signed 8x10 photo accompanied by puck, pin, and nameplate.

The more the merrier. So tell all your friends and colleagues in the 416 area code to check out the A-Way On Line Auction at [www.awaycourier.ca](http://www.awaycourier.ca) and as of Feb. 1, let the bidding begin!!

For questions, comments or more information about A-Way and/or the on-line auction, please contact: Pam Lahey, [execasst@awaycourier.ca](mailto:execasst@awaycourier.ca).

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The Dufferin Mall Employment Resource Centre will be temporarily suspending their services as of February 17, 2006.

The Dufferin Mall ERC will relocate in the Dufferin/Bloor/College area in the near future.

**Contact: [www.derc.ca](http://www.derc.ca) for updates and new location for the ERC.**

## **Taking Care of the Caregiver**

**Presented by The Family Council and the Centre for Addiction and Mental Health**

Date: Thursday, February 16, 2006

Time: 6:30 – 8:30 pm.

Venue: Centre for Addiction and Mental Health, 33 Russell Street, Room 2029

Facilitators: Karyn Baker, Director, Family Outreach and Response Program  
Sabrina Baker, Family Worker – First Episode Psychosis Service, CAMH

Colleen Moore, Founder, H.E.L.P., Information and Referral Specialist, CMHA, Ontario

There is no charge for this workshop and TTC tickets or a parking subsidy will be available. Space is limited, so please R.S.V.P to Beth Jacob at the Family Council – 416 535-8501 Ext. 6490 or [beth\\_jacob@camh.net](mailto:beth_jacob@camh.net)

**Please note: The workshop is for family members only.**

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### **Anger and Addiction Clinic Information Evening**

**Come learn more about Coping with Anger and Addictions: Third in a Series of  
Educational Topics on Anger and Addiction. Free. All are Welcome.**

**Thursday, February 16, 2006 6:00 – 7:00 pm**

**Centre for Addiction and Mental Health  
Eli Lilly Centre, Room 2022  
Russell Street site, 33 Russell Street**

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### **Starting your Business in Parkdale**

Learn the basics of starting a business, identify issues and solutions for the entrepreneur, plus gain valuable knowledge of the Parkdale market in this free interactive workshop from industry experts.

**Thursday, February 16, 2006 from 6:00 – 9:00 pm.**

Parkdale Public Library  
1303 Queen St. West (west of Dufferin St.)

**To reserve call 416 516-8301 or e-mail, [richelle@parkdaleliberty.com](mailto:richelle@parkdaleliberty.com)**

For more information go to [www.parkdaleliberty.com](http://www.parkdaleliberty.com)

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### **Women in Politics: Getting Involved Forum**

This forum is hosted by the Labour Council to increase the participation of women in their unions, their communities and in the political arena. Six different workshops offers training ranging from the basics up to being a campaign manager or candidate.

**When: Saturday February 18, 2006 from 8:30 - 4:00 pm.**

**Where: Metro Hall, 55 John St.**

**Cost : \$25.00 Pre-registration is required.**

Information contact: **Maureen King, Toronto and York Region Labour Council**

**416 441-3663 Ext. 222 or [www.labourcouncil.ca](http://www.labourcouncil.ca)**

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## **CAMH Community Information Forum**

### **There is Help...There is Hope Community Information Forums on Addiction and Mental Health**

"There is Help...There is Hope", a series of regular forums offering a greater understanding of emerging mental health and addiction issues, treatments and healthy living strategies.

#### **Addictions and Domestic Violence**

**Tuesday, February 21, 2006**

**6:30 – 8:30 pm.**

Substance use is frequently implicated in many violent and aggressive acts including homicide, child abuse and intimate partner violence. This forum will explore the area of concurrent domestic violence and addictions including recent research on the prevalence of this behaviour and issues in understanding the relationship between substance use and violent and aggressive behaviour. In addition to discussing some of the limitations in existing treatments, this forum will detail some promising new findings in the treatment of domestic violence

**Location: Centre for Addiction and Mental Health Russell Street Site, 33 Russell Street,  
Meeting Centre, Room 2029 Information 416 535-8501 Ext. 4553**

**Admission Free**

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### **Upcoming Health Restructuring and the LHINs Town Hall Meeting**

**February 23, 2006 at 5:30 pm. Free.**

The McGuinty government's proposed Bill 36 ushers in a new period of major restructuring in healthcare. The Bill will give the government the power to merge, transfer funding, contract out and reorganize health care services.

Come to this meeting to:

1. Share ideas and thoughts on the LHINs legislation
2. Discuss the what health restructuring would look like in our communities
3. Plan how we can have an impact on the legislation and restructuring

**Northern District Library, Room 200, 40 Orchard View Blvd.  
(West of Yonge Street, one block north of Eglinton Ave.)**

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### **Scarborough Women's Centre - Winter Workshops**

2100 Ellesmere Rd. Suite 245, Scarborough ON M1H 3B7

**Phone 416 439-7111 or [www.scarboroughwomenscentre.ca](http://www.scarboroughwomenscentre.ca)**

**Registration for Workshops is required.**

**Subsidies available to all workshops upon request.**

**Mastering Change in Our Lives** - Discover how to turn obstacles into stepping-stones. Tap into your creativity in new ways so that you can reach financial, creative and spiritual goals.

**Thursday, February 16<sup>th</sup>, 2006 from 7:00 – 9:00 pm. \$5.00**

**Understanding My Anger** - Understand and learn ways of dealing with anger appropriately.

**Saturday, February 18<sup>th</sup> and February 25<sup>th</sup>, 2006 from 10:00 am – 4:00 pm. \$45.00**

**Self Esteem and Your Inner Voice** - Learn how to use your inner voice to strengthen your ability to feel positive about yourself.

**Thursday, February 23, 2006 from 7:00 – 9:00 pm. \$5.00**

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The Centre for Urban Health Initiatives presents its Distinguished Speaker Event:

## **Health and the Environment of Child Poverty**

Speaker Dr. Gary Evans, professor of Environmental Design and Human Development at Cornell University. Dr. Evans is interested in how the physical environment affects human health and well being over life. His specific areas of expertise include environmental stress, children's environments and the study of the developmental consequences of poverty.

**February 20, 2006 from 9:00 – 10:30 am**

Campbell Conference Facility,  
Munk Centre for International Studies, University of Toronto  
1 Devonshire Place (at Harbord St.)

**Free**

**Contact: 416 978-7223 or [cuhi.admin@utoronto.ca](mailto:cuhi.admin@utoronto.ca) to register**

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## **Family Association For Mental Health Everywhere - FAME**

Mr. Kenneth Deane, president and CEO, St Joseph's Health Centre will speak to how hospitals and community agencies can work together with families, caregivers, consumers and health care professionals to provide a comprehensive model of recovery. Learn about various community resources ranging from housing, counseling and education.

**Wednesday, March 1, 2006 7:00 – 9:00 pm (6:30 pm refreshments) Free**

**Barbara Frum Library, 20 Covington Road** (Bathurst and Lawrence Ave. West)

To register contact **Mary Jursinic at 416 207-5032 x 29 or e-mail [maryj@fameforfamilies.com](mailto:maryj@fameforfamilies.com)**

## **Education Programs**

### **Redirection Through Education (RTE) Program**

**RTE** Program at George Brown is a supported education program designed for adults who have had emotional or mental health difficulties. It provides students with the opportunity to assess and develop interpersonal relationships, communications and vocational skills, through groups, classes, individual counselling and work placements. This program prepares individuals for making effective and informed choices regarding further education, skill training, jobs and other vocational or personal plans.

The next Information Session for the Redirection Through Education Program will be

**Wednesday, March 1, 2006 at 1:00 pm.**

George Brown College,  
St. James Campus, Financial Services Building  
290 Adelaide St. East, Room #205

**For more information contact 416 415-5000 x 2315**

## Job Postings

### Community Resource Connections of Toronto

Community Support Services (East Team)

#### Community Support Worker (Case Manager)

East North York/Scarborough

Full Time, Permanent

Community Resource Connections of Toronto (CRCT) is a community mental health organization that works with people with severe mental health problems by working directly with them and indirectly through our community work.

**In order to serve the increasing diversity of individuals we work with, the successful applicant will have an understanding of anti-racism work and a familiarity with issues affecting ethno-racial communities.**

*We encourage applications from people with direct experience with the mental health system, people of colour, Aboriginal people and persons with disabilities. Personal disclosure will be held in confidence.*

**This is a mental health case management position working primarily in the East North York/Scarborough area.**

#### Job Responsibilities:

- Provide intensive and long term community support to 15-20 people who have serious mental health problems
- Work with clients to assist them to meet their basic needs and to identify and realize their personal goals
- Provide support and information/teaching to family members and others
- Assist clients to develop a supportive network
- Facilitate access to needed services, resources and supports
- Develop and maintain collaborative relationships with key supports and resources in the community

#### Qualifications:

- At least two of the following: A degree or diploma in health or social services (registration in Ontario is **not** required); direct personal experience of the mental health system; recent significant work experience with people with serious mental health problems
- Preference will be given to candidates with fluency in one or more languages that are reflective of the diverse cultures within Scarborough and East North York an in-depth knowledge of cultural diversity and the immigration/refugee experience.
- Excellent interpersonal skills and communication skills, fluent oral and written English
- Commitment to working in a partnership relationship with clients
- Experience working with both traditional mental health services and other agencies/organizations that may support individuals with mental health issues. Having worked with organizations that serve ethno-racial communities is an asset.
- Knowledge of issues related to mental health treatment, recovery and mental health policy and/or substance abuse treatment experience are an asset.
- Computer skills and comfort in a Microsoft environment
- **A car is required for this position.**

Salary Range: \$46,697 - \$51,389 + Benefits

Reply in writing by :

**February 16, 2006**

East Team Hiring Coordinator

Community Resource Connections of Toronto,

366 Adelaide St. E, Suite 230, Toronto M5A 3X9

Fax: 416-482-5237

E-mail: [crct@crct.org](mailto:crct@crct.org)

## Geneva Centre for Autism

For 30 years, the Geneva Centre for Autism has been a leading source of clinical intervention, training, resources and support for individuals with an Autism Spectrum Disorder and their communities. The Centre, located at Davisville and Yonge is looking to fill the following positions:

### **Part-time Day Supports Worker (3)**

The Day Supports Worker provides direct support to adults with an autism spectrum disorder in order to facilitate their inclusion in the community.

#### **Responsibilities:**

- Provide direct service to adults with an ASD on a one-to-one basis or in a group setting
- Provides input into participant's service plan and support network in conjunction with supervisor
- Address personal care requirements for participants
- Monitors progress of participants and effectiveness of individual service plans
- Complete/maintain administrative records
- Follows Occupational Health and Safety/Geneva Centre policies and procedures: participates in training, team meetings

#### **Qualifications:**

- Good understanding of Autism Spectrum Disorders
- Adaptability; willingness to learn and compromise
- Attention to detail
- Team player/cooperation
- Time and stress management skills; good interpersonal, oral and written communication skills
- University/college education in a human services field
- Previous experience providing direct support to youth or adults with disabilities

Amount: \$14.42-\$19.23 + 4% vacation pay

**Contact by** E-mail or Fax: Human Resources, Geneva Centre for Autism

**Fax:** 416 322-589

**E-mail:** [careers@autism.net](mailto:careers@autism.net)

For more information on this posting and others at the Geneva Centre visit: [www.charityvillage.ca](http://www.charityvillage.ca) and <http://autism.net>

## Community Living Toronto

### **Full Time Residential Counsellor I – Day / Evening Aide**

Community Living Toronto is committed to a vision of including individuals who have an intellectual disability in the community. Community Living Toronto offers support to 6,000 individuals with an intellectual disability and their families including residential and day supports, assistance with employment, community supports, early childhood services and respite care. The Association is offering an exciting and challenging opportunity for a professional who is looking to demonstrate creativity through the following position.

**Responsibilities:** Assists Community Living Workers with routines such as carrying out programs, accompanying residents to appointments and other activities, assisting with residents' hygiene, meal preparation and housekeeping duties.

**Qualifications:** Minimum Grade 12 Diploma. Experience working with individuals who are developmentally handicapped is an asset. Will consider equivalent combination and experience.

Contact by **E-mail, Fax or Mail**

Application Deadline: **3/2/2006**

Jennifer Duncan, Human Resources Officer,  
Community Living Toronto, 20 Spadina Road, Toronto, ON M5R 2S7

Fax: 416 968-6463 E-mail: [Hr\\_Recruit@cltoronto.ca](mailto:Hr_Recruit@cltoronto.ca)

For more information visit: [www.cltoronto.ca](http://www.cltoronto.ca) or [www.charityvillage.ca](http://www.charityvillage.ca)