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The Consumer/Survivor Information Resource Centre  
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(Centre for Addiction & Mental Health)

# BULLETIN

***Information for consumer/survivors of the mental health system,  
those who serve us, and those who care about us.***

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**February 15<sup>th</sup>, 2005**  
**Bulletin 294**

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C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Thursday. PHONE HOURS: 9-5 Monday-Friday

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## **SENATE COMMITTEE STUDYING MENTAL HEALTH TO HOLD PUBLIC HEARINGS IN TORONTO ON FEBRUARY 15, 16 AND 17, 2005**

Following the release, last November, of the Committee's *Issues and Options* report, the Committee is undertaking an extensive consultation with Canadians in preparation for the drafting of its final report that will contain specific recommendations for reforming Canada's mental health system. A cross-country series of public hearings will be held in the following months to hear from people in every province and territory, and gather reactions to the options for action contained in the Committee's third report.

### **Media and the public are invited to attend the public meetings.**

The Committee will be starting its hearings in Toronto.

Date: February 15, 16 and 17, 2005, beginning at 9:00 am.

(And I will be there representing the C/S Info Centre on the first panel of witnesses right at 9 am on the 15<sup>th</sup>. Come and cheer me on, hold my hand or offer whatever support you can. Helen)

Place: The Royal Meridien King Edward Hotel  
37 King Street East Toronto, Vanity Fair Ballroom

In addition, members of the public will be able to make short statements reflecting their views on the state of the Mental Health Care System beginning at approximately 5:00 pm on the 15th and 16th (on-site registration). **Come and make your opinions known. Nothing about us without us. Come and speak out for mental health reform across the country. H**

For more information on the Committee's study, please visit [www.senate-senat.ca/SOCIAL.asp](http://www.senate-senat.ca/SOCIAL.asp).

**AN AGENDA FOR THE COMMITTEE'S HEARINGS IS ATTACHED.** All times are local.

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## Toronto Schedule

Committee members attending: The Chair, Senator Michael Kirby (Lib- South Shore, Nova Scotia), the Deputy Chair, Senator Wilbert Keon (C-Ottawa, Ontario), and Senators Catherine Callbeck (Lib-Prince Edward Island), Ethel Cochrane (C-Newfoundland and Labrador), Joan Cook (Lib-Newfoundland and Labrador), Jane Cordy (Lib- Nova Scotia), Aurélien Gill (Lib- Wellington, Quebec), Lucie Pépin (Lib-Shawinegan, Quebec); Marilyn Trenholme Counsell (Lib-New Brunswick)

**Tuesday, February 15, 2005**

<b>Panel 1 : Consumers</b> 9:00 to 10:15 a.m.	<i>As individuals:</i> Pat Capponi Darrell C. Powell Diana Capponi  <i>From the Consumer/Survivor Information Resource Centre:</i> Helen Hook, Coordinator
<b>Panel 2: Families</b> 10:30 to 11:45 a.m.	<i>As Individuals:</i> Hon. Steven W. Mahoney, P.C. Carolyn Mayeur Norrah Whitney  <i>From the Centre for Addiction and Mental Health:</i> Betty Miller, Coordinator of Family Council
<b>Panel 3: Advocates</b> 2:30 to 3:45pm	<i>From the Ontario Council of Alternative Businesses :</i> Becky McFarlane, Partnership Co-ordinator  <i>From the Centre for Addiction and Mental Health:</i> Jennifer Chambers, Empowerment Council  <i>From the "Dream Team":</i> Phillip Dufresne, Member Linda Chamberlain, Member Mark Shapiro, Member
<b>Panel 4: Advocates</b> 3:45 to 5:00 p.m.	<i>From the Gerstein Centre:</i> Dr. Reva Gerstein, Founding Chair Paul Quinn, Director  <i>As an Individual:</i> David Reville  <i>"From the Heart Committee":</i> Douglas Millstone, Family Law Lawyer Patricia Commins, Retired Teacher Michael Flaxman, Volunteer
<b>5:00 p.m.</b>	<b>WALK-ONS</b>

**Wednesday, February 16, 2005**

<p><b>Panel 1: Expert Panel – Policing and Mental Health</b></p> <p>9:00 to 10:15 a.m.</p>	<p><b>From the Moose Jaw Police Service:</b> Terry G. Coleman, Chief of Police Service &amp; Co-Chair of the Canadian National Committee for Police/Mental Health Liaison</p> <p><b>From the Royal Newfoundland Constabulary :</b> Sean Ryan, Inspector</p> <p><b>From the Montreal Police Service :</b> Michael Arruda, Agent and Counsellor, Action Strategies with the Community, Mental Health and Intellectual Disabilities</p>
<p><b>Panel 2: Expert Panel - Policing/Corrections/ Forensic Mental Health System</b></p> <p>10:30 to 11:45 a.m.</p>	<p><b>As an Individual:</b> Randy Pritchard</p> <p><b>From the Canadian Association of Elizabeth Fry Societies :</b> Kim Pate, Executive Director</p> <p><b>From the Canadian National Committee for Police/Mental Health Liaison:</b> Dr. Dorothy Cotton, Co-Chair, Psychologist</p>
<p><b>Panel 3: Expert Panel – Media &amp; Stigma</b></p> <p>1:00 to 2:15 p.m.</p>	<p><b>As Individuals :</b> Louise Elliott, Journalist, CBC Radio Scott Simmie, Journalist, Toronto Star</p>
<p><b>Panel 4: Expert Panel – Early Psychosis Intervention</b></p> <p>2:30 to 3:45 a.m.</p>	<p><b>From Douglas Research Hospital :</b> Dr. Ashok Malla, Head of Research</p> <p><b>As Individuals:</b> Phyllis Grant-Parker Tara Marttinen</p>
<p><b>Panel 5: Expert Panel – Judicial Roles</b></p> <p>4:00 to 5:15 p.m.</p>	<p><b>Panel 5:</b></p> <p><b>As Individuals :</b> The Honourable Richard Schneider, Judge The Honourable Douglas Carruthers, Judge</p>
<p><b>5:15 p.m.</b></p>	<p><b>WALK-ONS</b></p>

**Thursday, February 17, 2005**

<p><b>Panel 1: Expert Panel – Multi-cultural Mental Health Services</b></p> <p>9:00 to 10:15 a.m.</p>	<p><b>From the Hong Fook Mental Health Association:</b> Raymond Chung, Executive Director</p> <p><b>As an Individual:</b> Raymond Cheng</p> <p><b>From Across Boundaries, Ethnoracial Mental Health Centre:</b> Martha Ocampo, Co-director</p>
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<b>Panel 2: Service Providers</b>	<i>From the Canadian Mental Health Association ( Toronto Branch):</i> Steve Lurie, Executive Director
10:30 to 11:45 a.m.	<i>From the Victorian Order of Nurses (VON):</i> Gordon Milak, VON Middlesex-Elgin
	<i>From the Canadian Association for Suicide Prevention:</i> Dr. Paul Links, MD, President, Professor of Psychiatry, University of Toronto
<b>Panel 3: Service Providers</b>	<i>From the Ontario Hospital Association :</i> Dr. Paul Garfinkel, Chair, Working Committee on Mental Health
Noon to 1:15 p.m.	<i>From the Schizophrenia Society of Canada :</i> Florence Budden, President Elect
END OF HEARINGS	

# Newsbytes

## Newsbytes

**Saving millions and changing lives** In an editorial page piece, Toronto Star columnist Carol Goar portrayed David Kelly's proposal that the provincial government put more funding into community mental health programs as being in effect a 'win-win' situation: people would be saved the experience of having to undergo hospitalization, and the province would overall save money through reduction in expensive hospital stays for psychiatric problems. David Kelly is head of the Ontario Federation of Community Mental Health and Addictions Programs. (Toronto Star, Monday, January 31, 2005, page A18)

**New test may detect Alzheimer's** A new test called a 'bio-barcode assay' has been developed which may prove 100,000 to 1 million times more sensitive than other available tests in detecting Alzheimer's. Researchers used it to measure the level of a protein called ADDL in the spinal fluid of 30 people; the quantity of protein measured seems to indicate the progression of Alzheimer's. (Toronto Star, Tuesday, February 1, 2005, page A2)

**Homeless plan passes** Mayor David Miller's plan for helping to get homeless people off the street and into housing was passed by Toronto City council by 28-9 on February 2. The most controversial part of the plan is that it bans sleeping in Nathan Phillips Square. Other aspects of the plan include: hiring six outreach workers; adding \$11.2 million to a city fund to build affordable housing units; and, opening a new \$1.1 million emergency shelter by next winter. (Toronto Star, Thursday, February 3, 2005, page A1)

**The Honourable Michael Wilson** has been appointed Special Advisor on Mental Health in the Workplace to the Federal Minister of Health, The Honourable Ujjal Dosanjh. (CMHA National Office press release).

**Director quits over 'offensive' bear** Vermont Teddy Bear Co. has sold out of its \$69.95 (U.S.) "Crazy for You" bear, which advocates for the mentally ill had labeled insensitive. The "Crazy for You" bears were sold complete with straitjackets and commitment papers. (Toronto Star, Thursday, February 10, 2005, page D6)

**Regent Park overhaul wins council's approval** Toronto City Council has voted to approve a 12-year redevelopment of Regent Park, which houses 7,500 low-income residents. Regent Park is in the area bounded by Parliament, Gerrard, River and Dundas Streets. (article by Kerry Gillespie, City Hall Bureau Chief, Toronto Star, Friday, February 4, 2005, page B2)

**Military plans a delayed test for mental issues** Beginning this spring, the U.S. Defense Department will be administering an additional health assessment to servicemen and women three to six months after they return home. The purpose of the assessment will be to detect post-traumatic stress disorder and other serious psychological problems resulting from combat duty in Iraq. (Article by Scott Shane, New York Times, Sunday, January 30, 2005, National Report section, page 18)

Newsbytes are compiled by Glen Dewar, a consultant with Community Resource Connections of Toronto.

## **Report on Business**

**In which we report on the progress, trials and triumphs of consumer led and run businesses.**

### **Ontario Council of Alternative Businesses** (the mother ship of alt biz)

The big news is the hiring of a new executive director, Sharon Richards. Sharon will have huge shoes to fill. Diana Capponi, the founding ED is an icon in the field of consumer business and employment. We wish Sharon well in her new position.

### **Crazy Cooks (Peterborough) Susan Morrow Business Manager**

I asked Sharon if anything came of the request in the November Bulletin of donations of large pots for their catering business. She replied, "NO we did not get any offers for (new to us)pots. I will be taking money from our budget and buying some new one's though.

Things are hopping here. We catered a workshop for the Board of Education here today. A nice tidy profit. Crazy Cooks is now accepting Visa. We have accepted Mastercard for awhile and strange as it seems the process for applying for merchant visa is different.

I have been very busy preparing quotes for weddings for the up and coming summer months (please hurry)."

### **Parkdale Green Thumb Enterprises Maggie Griffin Business Manager**

"Well, what's news... Meshell Dupe has started as our new Business Developer, we have partnered with Food Share and CAMH in a joint use of the Greenhouse on the grounds of 1001 Queen St.W."

# ANNOUNCEMENTS

## *The Historic 19th Century Asylum Boundary Walls Are Bouncing Back!* **TOWN HALL ON THE WALL**

Thursday March 10, 2005 6:30 - 8:30 PM

Centre for Addiction and Mental Health  
1001 Queen St. W. Training Rooms A& B

This 19th century asylum boundary wall was built by patient labour. Two years ago, the Open Ideas Competition brought forth various ideas about what to do with the historic east Shaw Street boundary wall. Since then, more proposals have been developed about how to preserve and commemorate the wall and the people who built it on the east, west and south sides of the present-day CAMH, Queen Street site. This public meeting will provide information about the most recent plans and provide people with an opportunity to say what they think of these proposals. People from the psychiatric survivor community, heritage organizations, CAMH and architects involved in the project will be at this meeting to provide information, answer questions and hear your comments. So come on out and have your say!

Co-sponsored by: Psychiatric Survivor Archives, Toronto  
The Empowerment Council  
CAMH Client and Family Reference Group  
CAMH Friends of the Archives

*For more information contact: 416-535-8501, ext. 3013*

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### **The Dream Team's "Show Me a Way to Go Home" Fundraising Concert**

*takes place at Convocation Hall in Toronto on February 27, 2 - 4:30  
Fundraiser: \$15, \$8 for consumers (if purchased in advance)*

#### **Sing-a-long with**

*Molly Johnson, Billy Newton-Davis, Take 3+1  
Miles Nadal JCC Community Choir  
Street Haven Choir*

*The Riverdale Young Singers/ The Riverdale Youth Singers*

*Host: Erika Ritter of the CBC*

*Info & Ticket: 416 929-1919*

**Making Housing Happen** is the Dream Team's postcard campaign to encourage the provincial government to invest in supportive housing. The goal is to get thousands of postcards signed before the big finale of the concert on the 27<sup>th</sup>.

**Please call:** 416 929-1919 to get involved, to volunteer, to get postcards.

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Bridgepoint, CAMH, Toronto Grace:

## Are our hospitals being privatized?

Come to this important meeting

find out the implications of the potential "public private partnership" (P3) redevelopment of our hospitals this spring. What does it mean for patients, professionals, and community agencies?

Location: City Adult Learning Centre, One Danforth Avenue (west of Broadview subway station)

Date and Time: Thurs Feb 17 at 7pm

Speakers:

John Campey, Executive Director, Community Social Planning Council of Toronto  
Marilyn Churley, MPP, Toronto Danforth  
John Cartwright, President, Toronto and York District Labour Council  
Amy Go, Community Activist

Sponsors: Alliance of Seniors to Save Canada's Social Programs, Community Social Planning Council of Toronto, Council of Canadians (Toronto chapter), Marilyn Churley (MPP for Toronto Danforth), Ontario Health Coalition, Toronto & York District Labour Council, Toronto Health Coalition.

For more info <http://www.ontariohealthcoalition.ca>  
416-441-3713

## The Family Council: Empowerment for Families in Addictions and Mental Health

*Invites you to an Information Forum on*

## Ontario's New Privacy Legislation: What does It Mean for Families?

**Thursday, February 24, 2005**

**6:00 – 7:30 p.m.**

**1001 Queen Street West**

**1<sup>st</sup> Floor, Training Rooms A&B**

**Guest Speaker:**

**Carolyne Pasichny – Privacy Manager,  
Centre for Addiction and Mental Health**

**For further information, please contact:**

**Beth Jacob, Admin. Assistant – The Family Council  
(416) 535-8501 x6490 or [beth\\_jacob@camh.net](mailto:beth_jacob@camh.net)**

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**On February the 1<sup>st</sup>, the minimum wage in Ontario went up to \$7.45/hr. That is a 30 cent increase and the second increase in the minimum wage since the McGuinty government took office.**

## FREE AND LOW COST EVENTS

### Tuesday February 15<sup>th</sup>

**Celebrating the Year of the Rooster. Free.** Traditional Chinese Music. Xiao Yun Miao, pipa; Ping Xin Xu, yang chin. Lilian H. Smith Public Library, 239 College St. 416 393-7746. 7 pm.

### Wednesday February 16<sup>th</sup>

**Lunch music. Free.** Music Gallery Institute, Parish Concerts. St George the Martyr Church, 197 John St. 416 588-2514. 12:30 pm.

**Coffee, Tea and Books. Free.** All are welcome for more information call: 416 393-7712. Dufferin/St.Clair Library, 1625 Dufferin St. 7 – 8 pm.

### Thursday February 17<sup>th</sup>

**Locating Reliable Health Information on the Internet. Free.** This workshop highlights electronic resources for researching health and wellness. Learn to use the *Virtual Reference Library*, the *Canadian Health Network*, *MEDLINEPlus*, and other health databases subscribed to by the library. Toronto Reference Library, 789 Yonge Street. 416 395-5577. 2 - 4 pm.

**Tea and Books. Free.** All welcome. For information call: 416 394-5270. Forest Hill Library, 700 Eglinton Ave. 2 pm.

### Friday February 18<sup>th</sup>

**Tea and Books. Free.** All are welcome. For more information call 416 394-5270. Eatonville Library, 430 Burnhamthorpe Rd. 2 pm.

**Armchair Travel. Free.** Slide presentation with raconteur Irwin Patterson. Refreshments served during intermission. Hillcrest Library, 5801 Leslie St. 416 395-5830. 1:30 - 3:30 pm.

### Saturday February 19<sup>th</sup>

**Tabla fusion and Beat Box. Free.** Start with Gurpreet Chana on the tabla, a drum from northern India and Pakistan and then on to Jugular, the beat boxer, one who creates sounds and beats. A musical extravaganza for the whole family! St. James Town Library, 495 Sherbourne St. 416 393-7744. 2 pm.

### Sunday February 20<sup>th</sup>

**Sunday Serenades: Metro Silver Band. Free.** Scarborough Civic Centre, 150 Borough Drive. 416 396-7403. 2 pm.



### Monday February 21<sup>st</sup>

**Music are words too Dude. Free.** Freedom to Read Week, Grades 8 and up. Gangsta! Rap! Punk! Metal! Teens get a chance to defend the music they love the most. Musicologist Norman Otis Richmond and guest rap artists demystify the controversy surrounding rap, rock, heavy metal and punk lyrics. Mimico Library. 47 Station Rd. 416 394-5330. 2 pm.

Deer Park, Tues Feb 22 10:30 am. Malvern, Wed Feb 23 2 pm. Yorkwood, Thurs Feb 24 1:30 pm. Pleasant View, Fri Feb 25 10:30am. Palmerston, Fri Feb 25 2 pm.

#### **Tuesday February 22<sup>nd</sup>**

**Classical Piano Festival, Solos & Duets from 3 Centuries. Free.** York University Department of Music. McLaughlin Performance Hall, 4700 Keele St. 416 736-5186. 12:30 pm.

**A World Gone Wrong. Free.** Groups must register (ages 12-19). Observe Freedom to Read Week by watching the film: *Fahrenheit 451* – A look at a society where books are banned and burned and intellectual freedom gets stamped out. Discussion follows the film. Downsview Library, 2793 Keele St. 416 395-5720. 6 - 8:30 p.m.

#### **Wednesday February 23<sup>rd</sup>**

**Protect Yourself from Investment Fraud. Free.** Speaker: Perry Quinton. This seminar will highlight the latest investment scams, and give you practical resources and strategies to avoid becoming a victim of investment fraud. Toronto Reference Library, 789 Yonge Street. 416 395-5577. 6:30 – 8 pm.

**Local History Evening. Free.** Talks on Toronto history and architecture are free and open to anyone. Today is a Black History Month program. Northern District Library, 40 Orchard View Blvd. 416 393-7610. 7:30 - 8:30 p.m.

#### **Thursday February 24<sup>th</sup>**

**Sea Voyage with Pigs II. Free.** Chopin: selected poems & preludes Op. 28, read & played by William Aide. University of Toronto Faculty of Music. Walter Hall, 80 Queen's Park. 416 978-3744. 12:10 pm.

**Classical Piano Festival. Free.** York University Department of Music. McLaughlin Performance Hall, 4700 Keele St. 416 736-5186. 12:30 pm.

**York University Classical Students. Free.** Riley: in C Irene Markoff, Director. York University Department of Music. McLaughlin Performance Hall, 4700 Keele St. 416 736-5186. 2:30 pm.

#### **Friday February 25<sup>th</sup>**

**Poetry with a pulse. Free.** Freedom to read week, presented by PEN Canada and the Toronto Public Library. Toronto Reference Library, 789 Yonge Street. 416 395-5577. 7:30 pm.

**Classical Piano Festival. Free.** Solos & Duets from 3 Centuries. York University Department of Music. McLaughlin Performance Hall, 4700 Keele St. 416 736-5186. 12:30 pm.

#### **Saturday February 26<sup>th</sup>**

**The Great Canadian Fiddle Concert. Free.** Anne Lederman & Tom Leighton, fiddlers. S. Walter Stewart Public Library, 170 Memorial Park Ave. 416 396-3975. 10:30 am.

**Lobby Concert. Free.** RCM Community School, Students of the School in performance. 90 Croatia St. 416 408-2824 x 321. 12 noon.

#### **Sunday February 27<sup>th</sup>**

**Young Stars of the Young Century. Free.** Works by Paganini, Saint-Seans, Tchaikovsky, Mussorgsky, Rachmaninoff, Chopin, Schedrin & others. Young Russian musicians from the Foundation; guest: Canadian Children's Opera Chorus & young Canadian musicians. George Weston Recital Hall, 5040 Yonge St. 416 737-6785. 6 pm.

**Monday February 28<sup>th</sup>**

**Book Club. Free.** Join staff to discuss selected titles. Bloor Gladstone Library, 1101 Bloor St. West. 7 pm. 416 393-7674.

## **Job Postings**

We took these postings from Charity Village. If you can, get the full postings from their website. If you have limited or no access to the web, call us at C/S Info and Helen or Carmen will be happy to read the posting to you or make a time for you to drop in and see the job board. 416 595-2882. (**What we all need -- A home, a job and a friend.**)

**East York/East Toronto Family Resources.** East York Rent Bank Program Staff Person. Contract - Part Time 11 hours per week, Wednesday evenings, daytime Thursdays and/or Fridays & Saturday mornings. Minimum 1 year relevant working or personal experience with homelessness and its barriers, strong computer knowledge and experience with a diverse multicultural community. Position closes Feb 23.



Feel like leaving town?

**Brockville Psychiatric Hospital.** Full Time Social Workers. Creative treatment plans and support programs in response to clients' needs. Master of Social Work and 3 – 5 years experience in a mental health setting. Applications accepted until March 31.

**Hospice Association of Ontario** requires an Administrative Assistant. Full Time with 2 – 3 years experience. Works 37.5 hours per week at their Carlton Street office and reports to the Senior Administrator. Position closes February 23.

**Sheena's Place.** Executive Director. Sheena's Place is a safe community for those affected by eating disorders. Application deadline: 04/11/2005.

**Canadian Mental Health Association, Ontario Division.** Executive Assistant. (4 month contract with possibility of full-time employment). Application deadline February 25.

**Turning Point, Youth Service.** Manager, Clinical and Counselling Service. Full Time. Min. six years supervisory experience. Turning Point is a large, children's mental health centre located in downtown Toronto that provides a range of community based residential and non-residential programs and services to at risk and marginalized youth and their families. Qualifications: MSW, PhD. In Clinical Psychology, or equivalent combination and experience. Application deadline: 03/04/05

**Safehaven Project for Community Living.** Lifeguard – Pool. Seasonal. Years experience: 1- 2. To supervise swimmers at residential home for children and adolescents with multiple and complex medical needs. Qualifications: NLS Certification through Royal Life Saving Society of Canada.

Must be flexible with work hours and able to work weekends or evening as required. Preferably has previous experience working with children and adolescents with multiple disabilities. Applications due April 10, 2005.